

## **THE NINE POWERS OF DREAMING**

**From: “The Three Only Things”  
by Robert Moss, New World Library 2007**

- 1) We solve problems in our sleep.**
- 2) Dreams coach us for future challenges and opportunities.**
- 3) Dreams hold up a magic mirror to our actions and behaviors.**
- 4) Dreams show us what we need to stay well.**
- 5) Dreams are a secret laboratory.**
- 6) Dreams are a creative studio.**
- 7) Dreams help us to mend our divided selves.**
- 8) Dreaming is a key to better relationships.**
- 9) Dreams recall us to our larger purpose.**

**Rabbi Leah Novick [rebleah@comcast.net](mailto:rebleah@comcast.net)  
Rancho La Puerta August 2009**