

# Harper's BAZAAR

WIN A SUMMER  
WARDROBE

10  
BEST  
PIECES  
TO BUY NOW

GET  
GREAT  
SKIN  
+ MAKEUP  
MUST-HAVES

CARINE  
ROITFELD  
STYLES  
THE SEASON

JENNIFER  
LAWRENCE  
ON MISTAKES,  
SEX  
AND BEING  
SINGLE

SWIMSUITS  
FOR EVERY  
AGE

GET YOUR  
BEACH BODY  
FAST

THE  
BEAUTY  
ISSUE



# *The Fashionable* LIFE

GREAT ESCAPES

## THE BEST SPAS

*From Zen sanctuaries  
to luxe getaways, these retreats  
are fabulous ways to reboot.*

*By Carrie Goldberg*

Feel like stretching out? This infinity pool at  
Como Shambhala Estate, a health spa near Ubud,  
Bali, overlooks 23 acres of stunning jungle. ►

COURTESY COMO HOTELS AND RESORTS





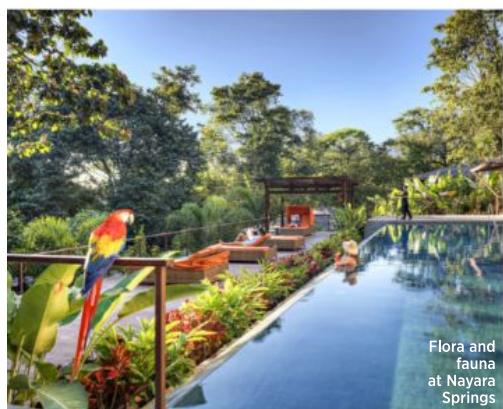
A spacious suite at Como Shambhala



Massage must: Como Shambhala New Skin Body Oil, \$28.40, beautybay.com.

### HOLISTIC HAVEN

Destress and detox at **Como Shambhala Estate**, a breathtaking spa nestled in the hills outside Ubud, Bali. Best known for helping the tightly wound find their inner peace, this spot is ideal for those seeking seclusion and serenity topped with five-star service. Personalized wellness programs, meditation rituals, and spiritual ceremonies are key components to this retreat, along with luxe facials, massages, and Ayurvedic treatments. comoshambhala.com; 011-62-361-978-888.



Flora and fauna at Nayara Springs

**TROPICAL BLISS** Located in the heart of a Costa Rican national park, **Nayara Springs** offers services inspired by its natural setting. Facilities include private, open-air pavilions tucked away in the rain forest; the spa menu features volcanic mud wraps, Costa Rican coffee body scrubs, and aromatherapy. You're welcome to zip-line through the jungle too. nayarasprings.com; 888-332-2961.



Caudalie's light-filled swimming pavilion



A facial favorite: Caudalie Premier Cru La Crème Riche, \$158, us.caudalie.com.

### WINE LOVER'S PARADISE

Situated among the vineyards of Château Smith Haut Lafitte outside Bordeaux, France, **Les Sources de Caudalie** spa features antiaging Vinotherapie treatments, including the popular Red Vine Barrel Bath. Tranquil days are best capped off at the Michelin-starred restaurant. sources-caudalie.com; 011-33-05-57-83-83-83.



The peaceful pool at the Mayflower Grace

**LUXURY HIDEAWAY** A two-hour drive from New York, the elegant and serene **Mayflower Grace** hotel in Washington, Connecticut, suits those seeking a girls' getaway or a couple's long weekend of straight-up pampering. gracehotels.com/mayflower; 860-868-9466.

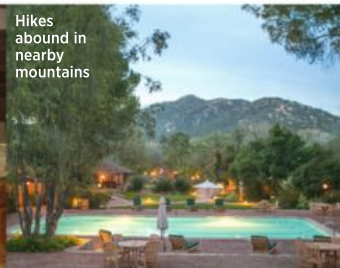


Beautiful gardens surround the main building

The spa offers extensive yoga classes



Hikes abound in nearby mountains



**ACTIVE OASIS** Just an hour south of San Diego in Baja, Mexico, **Rancho La Puerta** is a fitness-focused retreat with an emphasis on clean eating. (There's also an organic farm.) Rigorous morning hikes and cooking classes at the culinary center make it a top choice for an activity-packed reset. rancholapuerta.com; 800-443-7565. ■

CLOCKWISE FROM TOP LEFT (COURTESY): COMO HOTELS AND RESORTS; NATHALIE BAETENS; THE MAYFLOWER GRACE (2); NAYARA SPRINGS STILL LIFE; COURTESY