

MODERN LUXURY BRIDES CALIFORNIA

33

AWE-INSPIRING
GOLDEN STATE
WEDDINGS

FROM THIS DAY FORWARD

FROM BLUSH BRIDAL
GOWNS TO DAZZLING
DIAMONDS, THE TOP
TRENDS IN WEDDINGWEAR

Bohemian Dreams

BREEZY-CHIC
WEDDING IDEAS FOR
THE MODERN BRIDE

In Perfect HARMONY

ETHEREAL ELEGANCE SETS THE TONE
FOR THIS SEASON'S BRIDAL LOOKS

PLUS

Honeymoon Dreaming in the Maldives
Masterpiece-worthy Museum Venues

THE ESSENTIAL RESOURCE FOR STYLISH COUPLES

PUBLISHERS OF ANGELENO, MODERN LUXURY ORANGE
COUNTY, MODERN LUXURY SAN DIEGO, MODERN LUXURY
MODERNLUXURY.COM SILICON VALLEY & SAN FRANCISCO MAGAZINES



SOMETHING NEW

CASE STUDY Available in cream, blush or taupe, Joy Proctor's velvet-lined trousseaus are perfect for toting around something borrowed, be it jewelry, shoes or makeup.

SANTA BARBARA

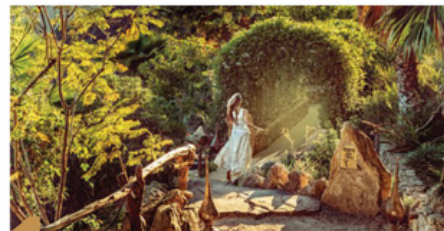
CARRIED AWAY

After years of seeing brides arrive to their wedding with no formal way of carrying their precious items and accessories, renowned Santa Barbara-based planner Joy Proctor decided to bring back the oft-overlooked tradition of a trousseau—the trunk that brides would historically use to collect heirlooms, shoes, jewelry, lingerie, toiletries, bed linens and bath towels in preparation for the start of their new married lives. “I have always been drawn to the romance and elegance of the past. This love plays a big part in my design as a wedding planner, and influenced my decisions with creating **Trousseau & Co.**,” Proctor says. “I knew that I wanted a carryall for brides and that I wanted it to be something so beautiful that it did justice to the contents of the bag.” Inspired by vintage hatboxes, the monogrammed, made-to-order cases come in cream, blush and taupe, and are lined in velvet, with pockets and bags for everything the contemporary bride needs. Says Proctor, “After the wedding, pack the trousseau with all of your honeymoon necessities and set off into the sunset!” From \$225, trousseauandco.com —Amanda Friedman

ALL CALIFORNIA

SNAP TO IT!

Whether you go it alone, with your best gal pal or your entire wedding party, you'll find health and happiness at these mind-, body- and soul-focused destination resorts. —Beth Weitzman



1 AJA MALIBU, MALIBU Owned by Australian mystic and artist Inannya Magick, Aja Malibu is a 23-acre holistic mountain retreat with seven guest rooms and seven gardens. A stay here includes its distinct signature mind-body-spirit tune-up and restorative cleanse with re-alignment and chakra balancing, meditation, yoga, healing spa therapies and raw food cuisine. *All-inclusive, seven nights, from \$10,000, ajamalibu.com*

CAL-A-VIE HEALTH SPA, VISTA

In a Provence-inspired setting, this 32-villa retreat offers a power-packed fitness program, hikes and nature walks, a 5-to-1 staff-guest ratio, delicious, nutritious cuisine, cooking classes, abundant luxuries, and top-notch spa and salon services. *All-inclusive, three nights from \$4,150, four nights from \$5,550, seven-nights from \$8,650, cal-a-vie.com*

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3 GOLDEN DOOR, SAN MARCOS

A Hollywood fave since 1958, the 40-room wellness oasis may be updated, but its famous Japanese gardens remain intact. On offer are a wide-array of hikes, fitness, instructional classes and spa treatments with optional services such as personal training, astrology, smoking cessation and pain management. *All-inclusive, three nights from \$4,800, four nights from \$6,000, seven nights from \$8,850, goldendoor.com*

R4.0, FOUR SEASONS, WESTLAKE VILLAGE

A four-day version of The Ranch at Live Oak Malibu's week-long exercise intensive, R4.0 at the Four Seasons Westlake (and adjacent California Health & Longevity Institute) includes 8-10 hours of daily hikes and workouts, cooking classes, diagnostic fitness testing and more. Meals are vegetarian. *All-inclusive, four-nights from \$4,100, theranchmalibu.com*

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5 RANCHO LA PUERTA, TECATE, MEXICO Family owned and operated since 1940, the wellness resort offers an extensive hiking program, 70-plus fitness and mindfulness classes, lectures and workshops. Semivegetarian cuisine includes homegrown organic fruits and veggies. *All-inclusive, three nights from \$1,779, four nights from \$2,371 and seven nights from \$3,900, rancholapuerta.com*