

DIRTY DOZEN 2019

1. Strawberries
2. Spinach
3. Kale
4. Nectarines
5. Apples
6. Grapes
7. Peaches
8. Cherries
9. Pears
10. Tomatoes
11. Celery
12. Potatoes

Spinach has the most pesticide residues by weight of all other produce tested!

99% of strawberries have pesticide residues, and up to 23 different pesticides were found on a single strawberry!

Nearly 60% of kale samples sold in the U.S. tested positive for dacthal, a possible cancer-causing pesticide banned in Europe

CLEAN 15

1. Avocados
2. Sweet Corn*
3. Pineapples
4. Sweet Peas Frozen
5. Onions
6. Papayas*
7. Eggplants
8. Asparagus
9. Kiwis
10. Cabbages
11. Cauliflower
12. Cantaloupes
13. Broccoli
14. Mushrooms
15. Honeydew Melons