



# Opposites Attract: How Introverts and Extroverts Achieve Extraordinary Results


## Questions To Ask Yourself and Your Partner



1. In what situations can you watch for your opposite's nonverbal signals?
2. How will you remember to take a deep breath the next time you are losing patience with your opposite?
3. What can you do to take a time-out when you are facing a stressful situation?
4. What shorthand signal or phrase can you develop with your opposite when you are "missing each other"?
5. Have you accepted that you cannot change your opposite? How will this belief help you in working with them?



1. How do you take opportunities to challenge your opposite's thinking?
2. In what ways do you use your individual strengths to handle crises?
3. Do you consider your partner's introvert or extrovert preferences when approaching him or her with sensitive information?
4. What are the ways in which you carve out regular talk time?
5. When can you bring in a third party to resolve conflict?



Cast  
the  
Character

1. How do you consider your strengths when selecting which role to play?
2. Are you okay sharing equal credit with your partner even when you do more work on an assignment?
3. In what situations do you advocate for your opposite?
4. How do you occasionally break out of your expected roles?
5. How often do you provide on-the-spot coaching to each other?



Destroy  
the  
Dislike

1. What actions do you take toward being friendly?
2. How do you balance the needs for privacy and openness?
3. What role does laughter have in your relationship?
4. How do you show curiosity about your opposite's interests?
5. What are you learning from your opposite?



Each  
Can't Offer  
Everything

1. How do clients and customers benefit from your diverse and divergent opinions?
2. How do you gather information on what is and is not working with clients?
3. How do you synch up your ideas before meeting with those you serve?
4. How do you model openness to your clients?
5. How do you take steps to understand your client's introverted or extroverted energy?