

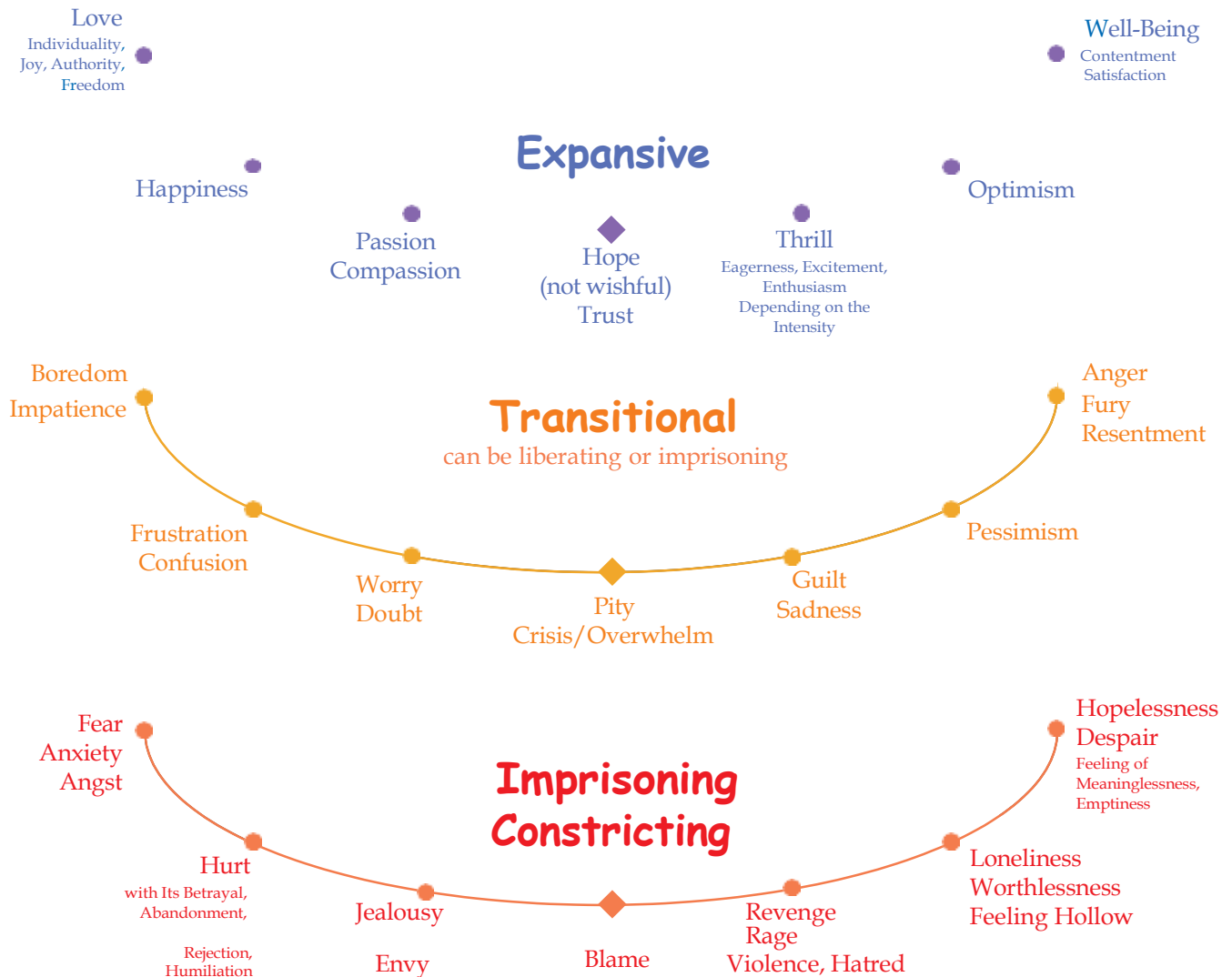
Tiers of Emotion

Left to Right
degenerates to
lower frequencies

(Frequencies)

Right to Left
lifts or elevates
to higher resonance

From *Charting a New Course: Living Your Dream, Loving Your Life*
Evening with Lazaris, May 2005. ©2005 Concept Synergy.



"Developing emotional fluency is the central skill of spiritual awakening and change. Vulnerable feeling is the doorway to heart-centered responsibility and finding the necessary solutions for a world in the midst of chaos, uncertainty and change. If you want to be an authentic person of depth and substance, cultivate intimacy with a full range of human emotion, and harness it with intention and inspired purpose." — Leza Danly