

# Strawberry-Coconut Paletas

Makes 12 small



Paletas are Mexican frozen popsicles that can be made in various flavors including fresh fruits, herbs, and many other ingredients. These paletas from La Cocina Que Canta are a delightful treat that combines the sweetness of ripe strawberries with the creamy richness of coconut, resulting in a refreshing popsicle that screams summer. Stay cool and satisfy your cravings with this easy and delicious recipe.

## **INGREDIENTS:**

- 2 cups fresh or frozen strawberries
- 2 cups coconut milk
- 2 tablespoons maple syrup
- ¼ cup unsweetened coconut flakes

## **DIRECTIONS:**

- ❖ Place the strawberries, coconut milk and maple syrup in the blender and blend to incorporate the ingredients. Leave a chunky texture.
- ❖ Pour the paletas mixture into a measuring pitcher, add the coconut flakes and stir to combine.
- ❖ Pour the paletas mixture into your popsicle mold and freeze for 1 hour. Place the wooden sticks and freeze overnight.
- ❖ Unmold and serve frozen.