BRIDES

The Most Romantic Spas in the World for You and Your Boo

By Lindsay Cohn Published on February 14, 2018

Looking to reignite the spark of passion? When it comes to couples escapes, spa getaways are at the top of the list. These <u>holistic havens</u> are tailor-made to inspire romance and relaxation with a trifecta that's downright impossible to resist: A serene setting, sensual services, and amour-inducing amenities.

From an over-water oasis in the <u>Maldives</u> to a hilltop respite in Phuket, these <u>destination</u> <u>spas</u> are sure to get you (and your significant other) in the mood.

Six Senses Douro Valley Spa



Courtesy of Six Senses

Perched atop the verdant hills of Portugal's wine region, <u>Six Senses Douro Valley Spa</u> is an alchemy of tranquility and temptation. The 10-room sanctuary focuses on locally-inspired and high-tech treatments as well as multi-day programs. As to be expected the major draw for <u>vino</u> <u>lovers</u> (and, let's face it, who isn't?) are the terroir-driven therapies that harness the powerful health benefits of antioxidant-rich grapes.

Aman Spa at Amanpuri



Courtesy of Aman

<u>Amanpuri</u> is home to the OG <u>Aman Spa</u>. Surrounded by lush landscaping and towering palm trees, this holistic hideaway lives up to its moniker ("place of peace") with design that marries serenity and sophistication, scenic vistas, and an array of healing rituals—including a massage created for the Thai Royal Family. Another perk for lovebirds? Services are performed in six private pavilions, each equipped with a steam room, shower, bath, and open-air meditation deck.



Iridium Spa at The St. Regis Maldives Vommuli Resort

Courtesy of The St. Regis Maldives Vommuli Resort

The over-water <u>Iridium Spa</u> at The St. Regis Maldives Vommuli Resort is a nothing short of exquisite. Beyond its elegant design and breathtaking setting, the 2,000-square-foot floating facility touts six twin treatment suites with commanding sea views, private terraces, and outdoor soaking tubs. Lovers can delight in sensual experiences like the Divine Duo Bath Ritual, a rose oil-infused soak and Himalayan salt scrub accompanied by bubbly and berries.



The Spa at Mandarin Oriental New York

Courtesy of Mandarin Oriental New York

Proof that you can find tranquility in the city that never sleeps. Situated on the 35th floor, The <u>Spa at Mandarin Oriental New York</u> is a true urban escape, offering spectacular views of the Manhattan skyline and a range of Eastern-influenced treatments. And the 650-square-foot VIP Spa Suite takes luxury to new heights with opulent Oriental decor, a fireplace, steam shower, elevated bath, kang bed, and dual massage tables.

Spa at Rancho La Puerta



Courtesy of Rancho La Puerta

Set amidst 4,000 idyllic acres in Baja California, Mexico, is <u>Rancho La Puerta</u> a world-renowned wellness destination and the perfect place to reconnect with your partner. This restorative retreat invites guests to rediscover the lost art of relaxation through an abundance of outdoor activities, <u>fitness classes</u>, and rejuvenating spa services. Bliss and bonding begin with a side-by-side Sacred Moments Massage enjoyed in the solitude of your own personal casita.



Vair Spa at Borgo Egnazia

Courtesy of Borgo Egnazia

Borgo Egnazia—where Justin Timberlake and Jessica Biel's tied the knot—boasts an award-winning zen zone unlike any other. A sort of new-age twist on a traditional Roman Bath, <u>Vair Spa</u> specializes in intuitive and deeply spiritual experiences, led by "artist therapists" (masseurs, psychologists, yogis, naturopaths, shamans, musicians, and dancers). Couples can indulge in a candlelit soak followed by sound immersion to inspire creativity and connection.