

BRIDAL GUIDE

MAY/JUNE 2018

FIND YOUR DREAM DRESS

Chic New Styles for the Year Ahead

SEXIEST GETAWAYS

Plan your fantasy honeymoon

35 BUDGET SECRETS FROM THE PROS

+ luxe for less flowers

Plus
WIN THIS GOWN!

ENTER BY 5/14/18
SEE PAGE 42

STAY-CALM PLANNING TIPS
(real brides' advice)

ROCK THE AISLE!

Perfect Hair & Makeup

www.bridalguide.com

\$6.99US \$7.99CAN



DISPLAY UNTIL MAY 15, 2018

DECOR & THEMES
FOREVER

INTO THE MYSTIC

If you cross-reference your daily horoscopes, tune up with your crystals and ohm on the regular, these mystical experiences are for you.

by Jenna Mahoney

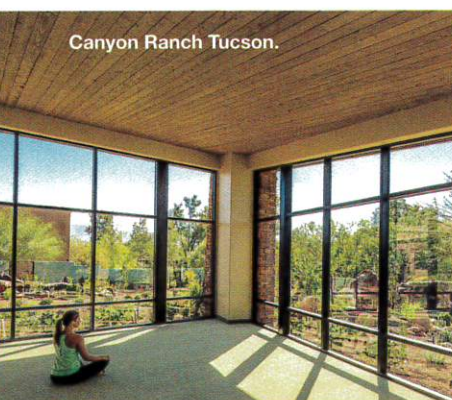


Rancho La Puerta.

RANCHO LA PUERTA

Ensnared in a peaceful expanse of gardens and flowering native plants in the foothills of Baja's Mount Kuchumaa, this intimate destination spa has an intangible magic that enhances a sense of inner harmony. Spiritual balancing activities include

guided meditation, Tai Chi, chanting and silent dinners. There's also a labyrinth. Designed with 11 circuits to reflect the journey of life, the winding paths include a section that mimics the cycles of the moon. Fitness and cooking classes, along with an extensive—and pampering—spa menu round out the property's offerings (room rates start at \$3,900 for a week-long stay and are all inclusive; rancholapuerta.com).

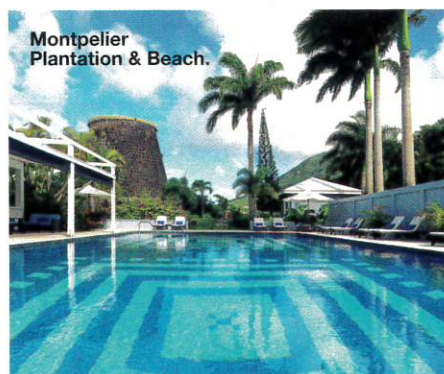


Canyon Ranch Tucson.

CANYON RANCH TUCSON

One of the first names in wellness, **Canyon Ranch** has been the site of whole mind, body, spirit retreats for generations. In addition to an

exhaustive menu of fitness activities and healthy lifestyle lectures, the destination spa excels in spiritual enhancements and alignments. There are readings à go-go, from sessions with clairvoyants, palm specialists and geneologists, to discoveries via angel cards, astrological signs and the tarot. Inner journeys can also be conducted by crystal sound activations. The balancing ceremony uses high-frequency bowls infused with gemstones to restore harmony in the body and spirit (room rates start at \$1,270 per person, per night and are all inclusive; canyonranch.com).



Montpelier Plantation & Beach.

MONTPELIER PLANTATION & BEACH

Home to a handful of chic hideaways, this quiet Caribbean island has had a resurgence of popularity in recent years thanks to the fact that it was the birthplace of that famed founder of the treasury—Hamilton. This 19-room seaside retreat is especially revered for its ultra-private setting, colonial honeymoon history (Lord Horatio Nelson wed here), impeccable service and innovative food and drink program. During the full moon, the chef and staff host lively parties on the beach. Lit by the celestial light, the gatherings feature live music, open bar and a delectable offering of barbecued delights (room rates start at \$225 a night; montpeliernevis.com).



Weekapaug Inn.

WEEKAPAUG INN

This classic 31-room New England inn that sits on the shores of the wildlife-robust Quonochontaug Lake in tony Westerly, Rhode Island is the embodiment of a luxe, nature-loving escape. Cuisine is the definition of farm-to-table and accommodations are decadent with views of the pond, an area cove or the pretty grounds. Activities are all about enjoying the great outdoors with boating, beaching, and, in season, Nordic skiing being among the most popular. Excursions, like boating and hiking, can be led by the on-site naturalist. One offering is the full-moon paddle, a two-hour canoe outing by the light of the silvery moon that concludes with a champagne toast (room rates start at \$419 a night; weekapauginn.com).