EXCLUSIVE
Chrissy Teigen
FOOD, FAMILY & BEING FEARLESS!

PLUS!
Meet George Clooney’s private chef!
Best breakfasts
Favorite meals in chain restaurants

Cher
The Private Life of a Legend

Royal Family Cuteness!

EXCLUSIVE
Gisele
ON BATTLING ANXIETY, CONSIDERING SUICIDE & FINDING JOY

October 8, 2018
CANNED SPARKLING WATERS
WE PUT THE BUBBLES TO THE TEST TO FIND THE VERY BEST

42. Spindrift Lemon
With real bits of lemon pulp mixed in, it's as fresh-squeezed as you can get.

43. S. Pellegrino Sleek Can
It's the same clean taste from the popular Italian brand but in a new chic can.

44. Poland Spring Lemon Lime
It's the classic citrus combination at its most refreshing.

45. Dasani Pear Kiwi
The lightly flavored water has a good balance of sweetness and tartness.

46. bubly Cherry
Bright, crisp and fruity, it's a zero-calorie alternative to cherry soda.

47. FOOD BLOGGER
Smitten Kitchen
Deb Perelman has been posting recipes online since 2006, and her readers—like Sarah Jessica Parker and Gwyneth Paltrow—love her conversational writing style and beautiful dishes, which she tests in her tiny New York City kitchen. "I have to be absolutely sure each recipe is going to work for everyone, because if anything could go wrong, it will," she says.

48. PHILANTHROPY
World Central Kitchen
Through his organization, chef José Andrés spearheaded relief efforts after the California wildfires, Hurricane Maria in Puerto Rico and, most recently, Hurricane Florence in North Carolina by rallying local chefs and volunteers to feed those affected. "We had to step up much more than the government because the problem became bigger than anybody knew," he says. worldcentralkitchen.org

49. WELLNESS RESORTS
Canyon Ranch (domestic)
At the luxe retreats in Tucson and Lenox, Mass., feast on healthy dishes like grass-fed steaks and lobster mac and cheese—or grab a meal at Canyon Ranch Grill at the Venetian in Las Vegas.
Rancho La Puerta (international)
The eco-friendly destination in Tecate, Mexico, serves a decadent pescatarian menu (with flavors from the Mediterranean, Latin America and Asia), with ingredients picked from its six-acre organic farm.

50. KITCHEN TOOLS
No Kid Hungry Spatulas
Williams-Sonoma asked stars like Scarlett Johansson, Jesse Tyler Ferguson and Questlove (above) to hand-doodle designs for its line of silicone spatulas. Thirty percent of each sale is donated to No Kid Hungry, an organization that helps fight child hunger in America. $14 each, williams-sonoma.com