

October 8,  
2018

# Re

ONLY IN  
People

Royal Family  
Cuteness!

With  
husband  
John  
Legend

EXCLUSIVE

Chrissy Teigen

FOOD, FAMILY  
& BEING  
FEARLESS!

PLUS!

Meet George  
Clooney's  
private chef!

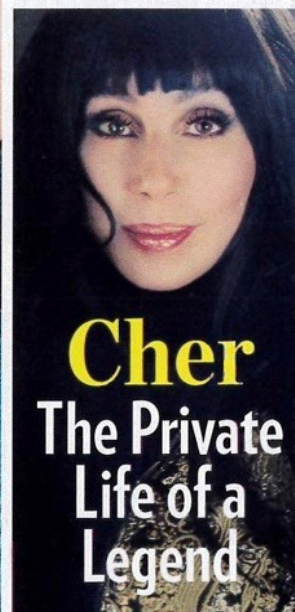
Best breakfasts

Favorite meals  
in chain  
restaurants



EXCLUSIVE

Gisele  
ON BATTLING  
ANXIETY,  
CONSIDERING  
SUICIDE &  
FINDING JOY



Cher  
The Private  
Life of a  
Legend



WE PUT THE BUBBLES  
TO THE TEST TO  
FIND THE VERY BEST



42.

With real bits  
of lemon pulp  
mixed in, it's  
as fresh-  
squeezed as  
you can get.



43.

It's the same  
clean taste from  
the popular  
Italian brand  
but in a new  
chic can.



44.

It's the classic citrus combination at its most refreshing.



45.

The lightly  
flavored water  
has a good  
balance of  
sweetness and  
tartness.



46.

Bright, crisp and fruity, it's a zero-calorie alternative to cherry soda.



## FOOD BLOGGER

Deb Perelman has been posting recipes online since 2006, and her readers—like Sarah Jessica Parker and Gwyneth Paltrow—love her conversational writing style and beautiful dishes, which she tests in her tiny New York City kitchen. “I have to be absolutely sure each recipe is going to work for everyone, because if anything could go wrong, it will,” she says.

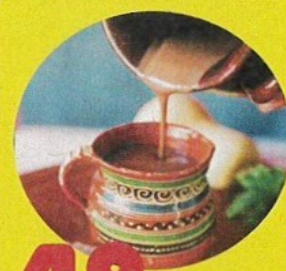


**"I loved supporting the local food economy," said Andrés (with his friend Papo in Puerto Rico).**

48

## PHILANTHROPY

Through his organization, chef José Andrés spearheaded relief efforts after the California wildfires, Hurricane Maria in Puerto Rico and, most recently, Hurricane Florence in North Carolina by rallying local chefs and volunteers to feed those affected. “We had to step up much more than the government because the problem became bigger than anybody knew,” he says. [worldcentralkitchen.org](http://worldcentralkitchen.org)



49

**Canyon Ranch** (*domestic*) At the luxe retreats in Tucson and Lenox, Mass., feast on healthy dishes like grass-fed steaks and lobster mac and cheese—or grab a meal at Canyon Ranch Grill at the Venetian in Las Vegas.

**Rancho La Puerta** (*international*) The eco-friendly destination in Tecate, Mexico, serves a decadent pescatarian menu (with flavors from the Mediterranean, Latin America and Asia), with ingredients picked from its six-acre organic farm.



50.

## No Kid Hungry Spatulas

Williams-Sonoma asked stars like Scarlett Johansson, Jesse Tyler Ferguson and QuestLove (above) to hand-doodle designs for its line of silicone spatulas. Thirty percent of each sale is donated to No Kid Hungry, an organization that helps fight child hunger in America. \$14 each, [williams-sonoma.com](http://williams-sonoma.com)