*Subject Line:* Join me on a Self-Care Getaway...

*Email Body Copy:*

Dear Name,

I’m thrilled to announce that I will host classes at Rancho La Puerta Wellness Resort & Spa! I will be teaching \_\_\_\_\_\_\_\_\_\_ during the week of \_\_[dates]\_\_.

I invite you to join me at this incredible 4,000-acre garden oasis near San Diego. You’ll experience healing spa therapies, farm-fresh cuisine, world-class fitness, inspirational seminars, farm-to-table cooking classes, and so much more. You can learn all about this opportunity at [rancholapuerta.com/](https://www.rancholapuerta.com/), or email reservations@rancholapuerta.com.

It would be an honor to have you attend this life-changing retreat.

Warmly,

Name