

# (201)

THE BEST OF BERGEN  
PART OF THE USA TODAY NETWORK

## THE MOM ISSUE

BERGEN RESOURCES FOR WOMEN

MOTHER'S DAY GIFTS

BRUNCH DINING



# 6

# WORKING MOTHERS

WHO MANAGE WORK AND FAMILY LIFE WITH GRACE, STYLE AND GOOD HUMOR INCLUDING THARA NATALIE PRASHAD-JHOOTI OF DEMAREST

PLUS

SUPERHERO AWARD WINNER SHEENA BURKE WILLIAMS

CLOSTER'S TARA CLARK FROM @MODERNMOMPROBS

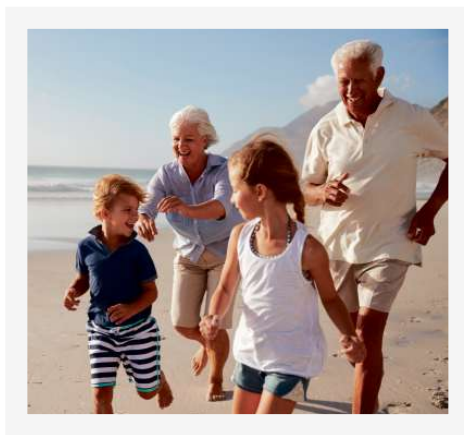
THE PERSONAL STYLE OF KRISTEN ROBERTIELLO



# GIVE MOM A BREAK!

8 destinations where parents aren't invited

COMPILED BY **KIMBERLY WILSON**



Move over mom (and dad), it's your parents' turn to hang with your kids. Skip-gen travel has been on the rise lately. The trend where grandparents leave mom and dad behind and take the kids as their travel companions is a win-win for everyone involved. Parents get some quiet time, the children get a great vacation and the grandparents get to spend quality alone-time with their grandchildren.



## **GREAT WOLF LODGE** MULTIPLE LOCATIONS

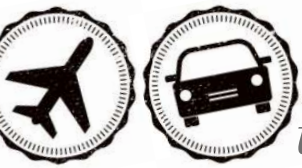
Great Wolf Lodge is the ideal getaway for families looking for fun for all ages. The centerpiece of the resort is the extensive 84-degree indoor water park, with water slides and attractions and interactive pools. The ideal vacation for swimming, splashing and sliding. Great Wolf Lodge offers the immersive MagiQuest experience, arcade games, spa programming and the Howlywood XD theatre. Admission to the indoor water park is free and exclusive to resort guests, providing great value.

## **LAKE HOUSE AT THE RITZ-CARLTON REYNOLDS**

LAKE OCONEE | GREENSBORO, GEORGIA

Set along 30 acres of shoreline and cradled by the Georgia pines, this is a family-friendly lakeside resort. The resort's 5,404-square-foot Lake House features four bedrooms, a large living room, fireplace, dining room, full kitchen and private outdoor pool overlooking Lake Oconee. Those staying in the Lake House enjoy full access to The Ritz-Carlton Reynolds, Lake Oconee's plentiful activities and amenities. Grandparents can golf, play tennis, read and relax on the property's many porches, or indulge in the spa. The kids can participate in Junior Explorer classes, Spy Camp, Field Day and other supervised physical and creative activities. Families can take a dip in the indoor and outdoor pools, go canoeing and fishing on the lake, explore the sporting grounds, watch lake-themed movies on the couch, and indulge in the resort's restaurants. >

COURTESY OF THE RESORTS



travel



## THE GARLAND NORTH HOLLYWOOD, CALIFORNIA

A hotel with true Hollywood roots, The Garland boasts a Southern California bohemian '70s-style vibe. Taking advantage of the resort's location near many of Hollywood's entertainment, music and movie production studios and attractions, The Garland offers families guided urban walks to classic Hollywood destinations such as The Brady Bunch House, and a trolley service to and from Universal Studios and other popular destinations. The Garland has Kids Rooms and Family Suites, where children can have a separate area with bunk beds, while the adults relax in their own king-sized bedroom. The Garland offers poolside activities including macramé classes and "Dive-In" movies, courtyard games, and feature films played in the Beverly Garland Theatre.



## WEEKAPAUG INN WESTERLY, RHODE ISLAND

Weekapaug Inn has been a family destination for generations. With comfortable accommodations, natural surroundings, beach activities, restaurants and an on-site naturalist, Weekapaug suits multi- and skip-generation travelers. There's something for everyone, from daily complimentary activities, more than 35 watercraft to choose from, boat tours, a private Atlantic beach and more.

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## RANCHO LA PUERTA TECATE, MEXICO

Rancho La Puerta, a fitness resort and spa in Tecate, Mexico, provides a luxurious wellness experience, offering guests a unique spiritual escape. The Ranch is the perfect gift for grandparents looking to take their college graduates on a spa getaway. The property offers over 80 fitness classes suitable for all ages, including TRX, yoga, pilates, Watsu, and advanced hiking trails as well as spa treatments and therapeutic sessions. New for 2019, the Bean to Bar Chocolate Class takes place across the street from the Ranch at Tecate's chocolate factory, Kajkab (Mayan for "bitter juice"). The experience teaches guests how cacao bean turns into great chocolate. Learn about the health benefits of cacao, enjoy a handcrafted chocolate tasting and take home delicious cocoa tea from Kajkab's "Maestro Chocolatero," Diego Ceballos.



## MOUNTAIN SHADOWS PARADISE VALLEY, ARIZONA

Mountain Shadows is an iconic desert resort that offers an array of wellness programming. Grandparents can bond with their grandchildren during classes like Moonlight Yoga. This session allows guests to move with grace and rise like the moon atop the Camelback Overlook rooftop deck overlooking the night skies. Or they can take part in Sunrise & Shavasana, a paddleboard yoga class with live music and on-board meditation at The Citizens Club.



## HOTEL DEL CORONADO SAN DIEGO, CALIFORNIA

Set on one of America's most iconic beaches, the Hotel del Coronado and its newest addition, Beach Village at The Del, offer the Grand American Beach Vacation, perfect for skip-gen travelers. Grandparents can enjoy Coronado's beautiful golf course, or spend time under the sun on Hotel del Coronado's private beach, while grandchildren play water sports, including sailing, paddle boarding and surfing. Families can also spend time at The Spa at The Del, experience a spin class during Beach Spin, indulge in fish tacos and cocktails at The Del's Beach Shack, and much more. Generations can come together over dinner at ENO Pizzeria or at the property's new sea-to-table concept, Seréa, when it opens this summer, as well as at The Del's famous Sunday Brunch in the iconic Crown Room.



## EDEN ROC CAP CANA PUNTA CANA, DOMINICAN REPUBLIC

Known as one of the most Instagrammable hotels in the world, Eden Roc Cap Cana, the Dominican Republic's only Relais & Chateaux property, is nestled in a 30,000-acre gated community. It's home to a new spa, three restaurants, a state-of-the-art equestrian center and golf course, an upscale polo field and miles of tropical forest. Top activities for families include an Ecotourism Safari featuring a boat ride to ziplines, sea kayaking, cave exploring and monkey hangs. The hotel also has KoKo Kid's Club, where little ones can get manis, pedis, hair styling and access their own kayaks. For members who want to relax, guests can experience the brand new 30,000-square-foot spa, Solaya Spa & Wellness Centre. The expansive space includes 12 treatment rooms with indoor and outdoor cabins, a dedicated 1,200-square-foot anti-gravity yoga area with 12 aero yoga structures, an indoor and outdoor Aqua Garden with freshwater pool and a 3,000-square-foot gym with an in-house personal fitness trainer. ■