HOT NOW
6 Moves For Your Best ABS Ever

THE Great Escape
THESE 21 TRIPS WILL CHANGE YOUR LIFE

OLIVIA MUNN’S
BADASS MOOD-BOOSTING WORKOUT
#WHHAPPY

THE TRAVEL SKINCARE PLAN
Glowy Skin Every Day of Vacay

BBQ
But Make It Healthy
YOUR GRILLING GUIDE P.78

STAND CORRECTED
Say Bye-Bye to Back Pain
What We’re Sweating

#TEAMBEAUTY ON THE TOP-PERFORMING PRODUCTS FOR WORK, YOUR WORKOUT—and EVERYTHING IN BETWEEN

**BEST Makeup Remover**
“Not even my waterproof mascara can stand up to this effective yet gentle cleansing balm—it’s powered by a blend of five nourishing oils. Plus, the bonus exfoliating powder leaves my face supersmooth.”
—Maddie Aberman, beauty editor

Bamboo Booster

**BEST Mineral Sunscreen for Face**
“This SPF contains ceramides and niacinamide, two skin-strengthening ingredients I look for in a daily moisturizer. I slather this lightweight lotion over my serum and I’m good to go.”
—MA

CeraVe Hydrating Sunscreen SPF 50

**BEST Face Mist**
“Frequent fliers, meet my favorite spritz. It’s made of organic lavender hydrosol—aka flower water—to hydrate skin while calming nerves with aromatherapy.”
—Marta Toprman, beauty director

Rancho La Puerta Lavender Hydrating Mist, $20, rancholapuerta.com

**BEST Moisturizer for Acne-Prone Skin**
“Summertime equals grease and breakout season for me. That’s why I reach for this lightweight hydrator—yes, even oily skin needs hydration—with 1 percent salicylic acid and bamboo charcoal to keep my shine and zits in check.”
—MT

Origins Clear Improvement Pore Clearing Moisturizer with Bamboo Charcoal, $34, origins.com

**BEST Depuffing Eye Cream**
“An under-eye sans bags? Sign me up. Creasing concealer all day? No, thank you. This hyaluronic acid– and caffeine-infused eye cream leaves my skin brighter, but with zero makeup-messing residue.”
—MA

Sephora Collection Brightening Eye Cream, $16, sephora.com

To see the rest of this year’s Healthy Skin Awards winners, head to Women’sHealthMag.com/2019HealthySkinAwards.