

How The World's Best Hotels Are Celebrating Vegan Month This November

4th November 2019



It's officially vegan month, which means it's the perfect time to expand your horizon and finally give a plant-based diet a go. We've already got tonnes of great vegan recipes for you to discover right here – from a three-course vegan menu to the best vegan cheese toastie you'll ever try and even a vegan Christmas cake – but we can also help if you're not too keen on cooking yourself. Some of the world's best hotels have taken vegan month as an opportunity to introduce new plant-based ranges across their food and spa offerings, so keep reading and book your next weekend trip now...

1. Vegan menu at Chewton Glen – Hampshire, UK



Chewton Glen, a five-star Relais & Châteaux luxury hotel and spa, has launched a signature vegan menu in The Dining Room. Many of the ingredients used are grown in the hotel's own kitchen garden, making this menu even more sustainable. Dishes include a globe artichoke with white asparagus and truffle dressing, a Thai green vegetable curry and a chocolate and avocado cream with praline and caramelised hazelnuts.

2. Vegan afternoon tea at Adare Manor – Limerick, Ireland



Ireland's Adare Manor offers an exemplary vegan high tea, with plant-based versions of traditional favourites to enjoy: think Tahitian panna cotta with raspberry gel, Battenberg with fondant, chocolate and peanut brownies, peach and almond mousse and of course traditional scones with vegan vanilla Chantilly. Plus, the stunning Gallery is a magical setting for this special afternoon tea experience.

3. Vegan skincare line at Cliveden House – Berkshire, UK



Cliveden's newly-renovated spa is not only fit for royalty (Meghan Markle visited it the night before her wedding), it now has an own-brand vegan body collection developed for spa-quality home pampering. Fun fact: the range of body butters, body oils, bath salts and bath scrubs was inspired by Mistress Anna Maria and Lady Nancy Astor, the two strong and scandalous ladies of the house.

4. Vegan afternoon tea at Lygon Arms – Cotswolds, UK



The Lygon Arms is a Cotswolds institution and has been a destination for centuries, attracting guests from King Charles I to Elizabeth Taylor. If you want to be next and try the vegan afternoon tea menu, you're in for a treat: expect spiced ginger cake, cocoa, almond and chia seed pudding, coconut and passion fruit delice, seasonal fruit crumble, peanut butter blondies, avocado and roast pepper sourdough, olives and artichokes and Gem lettuce and quinoa.

5. Vegan food and wine pairing at Vista Collina Resort – Napa, California, USA



Nestled amongst the rolling hills of Napa, Vista Collina Resort ushers in a new way to discover Wine Country. The establishment's food & wine centre offers a recurring 'Veggies + Vino' cooking class where attendees can sip, savour and sauté their way through three supremely tasty vegan dishes, each to be paired with delicious wines along the way and takeaway recipe cards to recreate the experience at home.

6. Bespoke vegan menu at Twin Farms – Barnard, Vermont, USA



The luxurious Twin Farms, Vermont's only five-star hotel, offers guests the best of farm-to-table dining with its unique culinary programme. Through a non-traditional approach, the team mix up culinary expectations with specially curated and bespoke farm-to-table meals for breakfast, lunch and dinner. Vegans can look forward to everything from a vegan grilled cheese as a bedtime snack to a pre-dinner vegan foie gras.

7. Vegan skincare line at Rancho La Puerta – Baja California, Mexico



Rancho La Puerta is the ultimate destination for vegans to enjoy all things from spa treatments to cuisine. The original destination spa, which serves local and fresh grown produce, can abide by any dietary guidelines and has even launched a vegan skincare line. La Puerta Core Essentials – a signature collection of treatments for face, hair, and body – includes vegan facial oils, an organic lavender hydrating mist, an antioxidant cream mask, a soothing gel mask, a pomegranate enzyme mask and calendula cream.