

# RUNNER'S WORLD

## The Best Hotels for Runners

These properties—from national chains to local gems—encourage their guests to explore on foot.

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A hotel that hands out a run map or points you to a local trail is good. But a hotel that offers a sampling of the Boston Marathon route with a group, loans you gear when your luggage gets lost, a private shopping

experience at a local run store, or a recovery massage that targets your achy quads is better.

Those are the experiences we runners crave when visiting a new city. And what better way to explore a new city than to run it? We scoured dozens of traveler sites, consulted with industry insiders, and explored a number of custom offerings to find the very best hotels worldwide that meet (or dare we say, exceed) our running expectations. So whether you're traveling for personal reasons and plan to make time for a run or you've signed up for a destination race, here are some of the places you can stay—both big name chains and individual properties—that offer tailored, standout experiences that you'll never forget.

#### Best for Runners of Any Ability: Rancho La Puerta



COURTESY RANCHO LA PUERTA

This fitness resort sits on 4,000 acres in the mountains of Baja California. A 40-mile labyrinth of dirt trails weaves through the property, up through the foothills into the saddles of Mt. Kuchumaa, where front desk manager and hiking concierge Martin Ruiz leads runs (three to seven miles, depending on the day) two to three times a week. Or try the guided obstacle course (co-created by former American Ninja Warrior contestant Michael Mark) that includes mud pits, monkey bars, walls, and cargo nets. Off the trails, take one of the more than 50 instructor-led classes (cardio drumming, sand volleyball, rhythm cycling, and more) held in one of the 11 on-site gyms. Post-workout, book the Runner's Reflexology massage, which incorporates energy-balancing stones to relieve pressure points on your feet and boost circulation, or the Sports Recovery Massage, which combines a deep tissue massage with assisted stretching to heighten flexibility and range of motion.

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