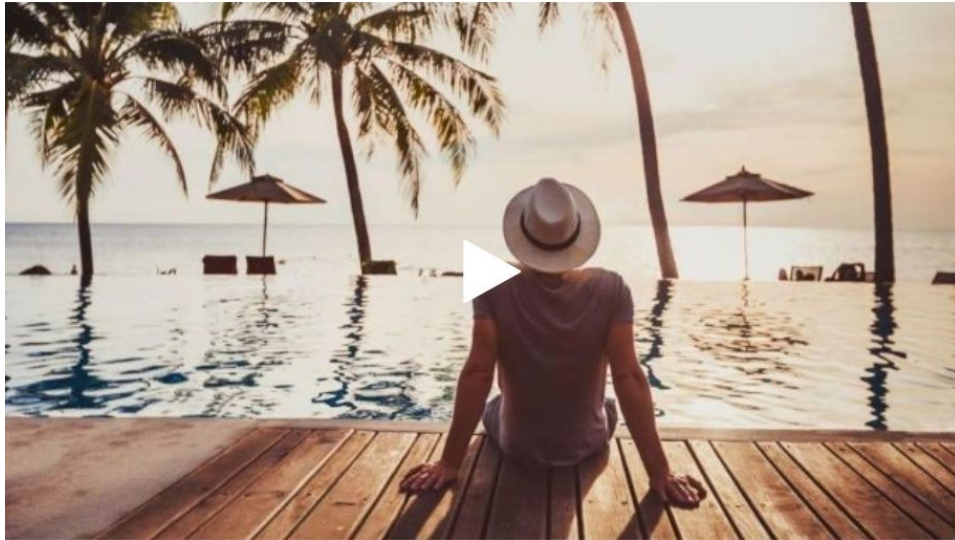




## Luxury digital detox resorts where celebrities unplug from technology

Oprah Winfrey and Ellen DeGeneres are among the celebs who have visited these device-free retreat centers

By Ann Schmidt | FOXBusiness



With texts and emails constantly vying for your attention and adding [stress to your life](#), it could be time for a [digital detox](#).

In fact, there are many [wellness](#) and retreat centers that encourage visitors to unplug their devices and take a break from the constant noise of [technology](#).

On Tuesday, [The Hollywood Reporter](#) listed seven [luxury resorts](#) where the likes of Oprah Winfrey, Rebel Wilson, Nicole Kidman and Ellen DeGeneres go to temporarily disconnect from the rest of the world.

Most resorts encourage visitors to leave their phones in their rooms, but some [flatly prohibit](#) using personal devices in public spaces.

To see which resorts made the list, here are seven [Hollywood-favored](#) resorts and how much they [cost](#), according to The Hollywood Reporter.

# Rancho La Puerta



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Visitors to Rancho La Puerta, in Tecate, Mexico, have included Oprah Winfrey, Kate Winslet and Jane Fonda, according to The Hollywood Reporter.

The resort openly [prohibits cellphone](#) usage in public spaces – including on the patio outside the rooms – and visits typically last a full week, from Saturday to Saturday.

A week-long package rate for one person is \$4,700 during “High Season” and \$4,500 during regular season, according to the [website](#).