



How To Spend It **Travel**

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A natural high: 14 of the best mountain escapes

Jean Nouvel, Sean Scully, Diane von Furstenberg and others reveal their ultimate hillside retreats



Baja California

Kaffe Fassett, textile designer

“There’s a health farm called Rancho La Puerta in the mountains of Baja California. I go with my sister and we sleep in casitas, get up early and go for long walks up the mountain, eat fabulous organic food, take yoga and Pilates classes and read by the pool. In the evenings there are fascinating lectures by, say, a doctor or an author or an amazing scientist. I always meet such interesting people there”. rancholapuerta.com