New Year, New You

Cocktail made with Modica’s Cucumber Aloe Margarita.

Photo by Jessica Ebelhar
Founded in 1940, Rancho La Puerta is the original destination wellness resort. Set among 4,000 acres in a fertile valley amid the coastal mountains of Baja California, Mexico, not far from San Diego, their wellness approach aims to strike a true mind, body, and spirit balance. While its first guests slept in tents, today, some of the resort’s upscale amenities include 86 individual casitas, 40 miles of hiking trails, 32 acres of gardens, an organic farm with a cooking school, 11 gyms, and a trio of full-service holistic spas.

This past summer, the resort’s president, Sarah Livia Szekely Brightwood, announced plans for The Residences, a community of 108 homes nestled beside a 24-acre vineyard with sweeping views of Mt. Kuchumaa. "For many years at Rancho La Puerta, we have nurtured the dream of creating a residential community – a village rooted in our traditions of living in harmony with the natural world," said Brightwood, who has also been the primary designer at Rancho La Puerta for decades.

Designed by Mexico-based developers Grupo Espíritu in collaboration with Ms. Brightwood, the architecture and Mediterranean-inspired gardens of the residences will incorporate environmentally friendly local materials and fine Mexican craftsmanship. The Residences will offer three housing options priced from $665,000 to $1.5 million. Casitas will offer a two-bedroom floor plan with 2.5 baths within 1,961 square-feet; three-bedroom Casas with 3.5 baths are 2,774 square-feet; and the largest option, Villas, with 4,299 square-feet, offer four-bedrooms and 4.5 baths. Special features in the current plans include large living and dining areas with a fireplace, sustainable technology, a generous private patio, and the availability of turn-key furniture packages.

Homeowners will benefit from a Residences Village Center with a 24-hour concierge, Rancho La Puerta-staffed fitness classes, pickleball and tennis courts, library, pool and jacuzzi, a juice bar and café, meditation room, and fire pits. A Ranch Day Pass Program offers access to daily Rancho La Puerta activities.

"As we celebrate our 80th anniversary this year, we’re thrilled to expand our Ranch experience and offer our guests, who we consider our life-long family and friends, the opportunity to make The Ranch their forever home," said Roberto Arjona, CEO of Rancho La Puerta. "Our motto has always been ‘Siempre Mejor,’ which means ‘Always Better.’ The Residences reflects this as the next iteration of Rancho La Puerta to carry on our legacy for the next 80 years."  

For more information, visit residences.rancholapuerta.com.