

healthytravel

13 BEST RESORTS TO CELEBRATE NATIONAL TRAILS DAY



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The best way to celebrate being outside on National Trails Day (June 5) is to be in a new destination. Everyone's itching to travel in a safe and healthy way, so we have rounded up some top destinations where travelers can get outside and enjoy the destination in a socially distanced way. Happy National Trails Day!

[The Resort at Paws Up](#) and [the green o](#) | Greenough, Montana

Guests will find 100 miles of trails on 37,000 acres of [The Resort at Paws Up](#) and their new adults-only property [the green o](#), which is opening this month. Guests can choose to go on their own or on a guided wellness hike passing expansive meadows, babbling brooks, or alongside the legendary Blackfoot River. In the winter, we transition to snowshoeing for an invigorating and downright magical way to explore the wilderness of this beautiful destination.



[The Ritz-Carlton Key Biscayne, Miami](#)

Just in time for National Trails Day, The Ritz-Carlton, Key Biscayne just launched Tropical Trekking, a self-guided tour of Key Biscayne's most memorable treks! Included in the Tropical Trekking package will be one beach towel, one beach bag, and a lunch. The team will provide a guide/map of the most popular paths and must see stops along the way.



Twin Farms | Barnard, Vermont

Vermont's Green Mountains are the peaks that gave the 14th state its name and extend for 250 miles as a part of the Appalachian Mountains, from north to south through the center of Vermont. At the only five-star property in Vermont, Twin Farms, guests are offered ideal views of these lush mountains and access to many miles of exclusive, groomed trails and hills for moderate to strenuous hiking, biking, and running in the verdant forest. This all-inclusive resort and dedicated on-site team provide guests with everything they could need for outdoor activity, and this picture-esque, rural retreat will be sure to leave a lasting memory. And along the way, Twin Farms has more than doubled the number of picnic sites over the past year, so guests can enjoy an alfresco lunch against the backdrop of the Green Mountains at one of the four new picnic decks, including the new Lift Shack dining room (achalet-style mountain-top dining room, formerly a lift shack) and Lean-to Adirondack (outfitted with pot belly stove, cowhides and bean bags).



Edgewood Tahoe | Lake Tahoe

With pristine blue waters and skies punctuated by towering trees, hiking in Lake Tahoe is a true treasure. Summer days are warm and sunny, perfect for hiking through the mountain trails like Van Sickle located directly behind Heavenly Village. The trail provides opportunities for both short day outings and long hikes accompanied by extraordinary views of Lake Tahoe and the enjoyment of a historic barn which showcases the region's cultural heritage. After, retreat back to Edgewood Tahoe, set against the beautiful backdrop of Lake Tahoe's horeline where the endless waters meet the iconic Sierra Range. The LEED-certified mountain lodge features an 8,500-square-foot spa where guests can retreat with signature gemstone massages, in between dining at a wide array of restaurants or perhaps indulging in an intimate, luxurious picnic on property or on the mountain.



Carmel Valley Ranch | Carmel, CA

A family-friendly summer-camp-inspired resort, Carmel Valley Ranch is situated on 500 wild acres in the foothills along California's Central Coast near Big Sur and Monterey. A sophisticated playground groomed for all hikers, Carmel Valley Ranch boasts a house "[Trail Guide](#)" with tips and tricks for to conquer eight trails, with notes on wildlife, greenery, view points and more. With such a diverse selection, guests won't ever need to leave the property grounds to explore new terrain or challenge themselves to a trail.



Ventana Big Sur | Big Sur, California

A breathtaking resort with inclusive offerings in the heart of California's rugged Central Coast, Ventana Big Sur is perched at the edge of the continent overlooking the majestic Pacific coastline. On this National Trails Day, the property's unique Alila Experiences are available to guide hikers and trail seekers with the [Robinson Jeffers Hike](#) which brings guests to a hidden waterfall, the [Wild Foraging Hike](#) which teaches how to identify these wild foods, and the [Spiritual Hiking Excursion](#), which channels the intimate, deeply transformative experiences that the uninterrupted nature of Big Sur provides.



Rancho La Puerta | Tecate, Mexico

Set along 4,000 private acres of gardens, mountains and meadows, Rancho La Puerta, the original “fitness resort” provides a luxurious wellness experience, offering guests a unique reawakening and spiritual mental escape. Home to numerous exhilarating hiking trails of various levels of difficulty, guests of The Ranch can reach new heights with the help of the property’s dedicated hiking concierge. All hikes are guided and traverse various areas of the resort’s expansive property, from exploring meadows and stream sides to venturing high up in the boulder-garden foothills of Mt. Kuchumaa. In an effort to inspire completely transformative and holistic experiences, The Ranch infuses a variety of other components to their signature hikes, incorporating meditation at designated meditation areas, organic garden breakfasts and more, creating the perfect hike for all types of adventurers.



Rancho Bernardo Inn | San Diego, CA

Situated on 265 acres in quintessential North County San Diego, CA, guests can escape to experience the area's best hiking trails while staying at Rancho Bernardo Inn. On National Trails Day, hikers can explore 14 different trails including the Bernardo Mountain Trail which gives hikers and mountain bikers the opportunity for picturesque photos at the summit of Bernardo Mountain, the Piedras Pintada Trail which offers historical, cultural, and botanical information about the Kumeyaay Indian Culture, and the Blue Sky Ecological Reserve along the western slopes of Mount Woodson where hikers can find rare and threatened plant and animal species.



JW Marriott Scottsdale Camelback Inn Resort & Spa | Paradise Valley, AZ

Nestled at the base of Mummy Mountain and just one mile away from the iconic Camelback Mountain, JW Marriott Scottsdale Camelback Inn Resort & Spa features breathtaking Sonoran Desert views in affluent Paradise Valley. An award-winning resort that embodies the authentic spirit of the Southwest with its peaceful desert setting, private grounds for hiking, meditation and more, the property offers guests a day of adventure and sightseeing with direct access to more than 400 miles of picturesque trails throughout the Scottsdale desert terrain, as well as its flora and fauna.



L'Auberge de Sedona | Sedona, AZ

Nestled on Oak Creek in Arizona's famed Red Rock country, L'Auberge de Sedona features luxury lodge-style accommodations surrounded by Sedona's spectacular Red Rock Region – a glowing atmosphere with world-renowned hiking that takes National Trails Day to the next level. Spiritual seekers and fitness enthusiasts alike will enjoy outdoor adventures to Sedona's most notable rock formations, including Bell Rock, Airport Loop and Cathedral Rock, in addition to guided energy vortex hikes. Visitors are also encouraged to explore the surrounding Sedona area through L'Auberge de Sedona's collaboration with The Hike House, where guests can customize their perfect hike with the Sedona Trail Finder. Guests can end the day with creekside dining at Cress on Oak Creek or nature-inspired spa treatments from L'Apothecary Spa.



The Ritz-Carlton Reynolds, Lake Oconee | Greensboro, GA

Set along 30 acres of shoreline and cradled by the Georgia pines is a luxury lakeside resort with endless nature to escape to and retreat into lake life. The luxurious lakeside resort offers a strong sense of exploration and connection for hikers with fully paved trails around the resort with moderate to extreme elevation changes. Hikers can take in the sounds of nature and fresh air by first stopping by the Concierge desk to pick up a map of the trails and resort to make their hike plan based on difficulty, distance, and scenic views. Following a long day of adventure hikers can resort back to the resort to take in the sunset on the dock or enjoy evening s'mores by the fire.



Mission Point Resort | Mackinac Island, MI

Located on the sunrise side of the island, Mission Point Resort offers a lakeside retreat where guests can enjoy the unparalleled beauty and tranquility of Mackinac Island. The island is well known for its trails, given it boasts over 70 miles of hiking on just 3.8 square miles of land. Experience the serene wilderness of Mackinac Island and navigate the countless trails – from paved roadways to more rugged natural trails for the adventure-seeking hiker. With more than 80% of the island protected as a State Park, Mackinac Island offers some of the most beautiful vistas in Michigan.