



International Yoga Day Is Today: These Hotels Are The Perfect Place to Enhance Your Yoga Practice

Being that today is International Yoga Day (June 21), it only made sense for us to write about our favorite hotels for yoga across the globe. Below, we share where we are practicing our downward dog, crescent moon, and tree pose.





Rancho La Puerta (Baja California, MX):

At this Baja haven, guests can partake in all sorts of yoga classes, including aerial yoga (AKA “hanging yoga”), which is especially popular. Other amenities include 40 miles of hiking trails, casita-style accommodations, an on-site farm, 32 acres of manicured gardens, a labyrinth, and a holistic-inspired spa.

LAUREN DANA - JUNE 21, 2021