

# SAMPLE SCHEDULE - CLASSES AND TIMES ARE SUBJECT TO CHANGE

## Sample Classes Week

**Stay flexible**...in more ways than one! After you secure your spa appointments, try sketching out your personal program for an entire week, or take it day by day. Our Fitness Concierge is always ready to help you get the most out of your week. You'll soon discover many "don't miss!" experiences that inspire schedule changes.

**Seek a balance** when considering the many options for movement, nutrition, relaxation, entertainment and learning.

**Keep in mind** a few guidelines for the week:

- We are a "digital noise-free environment". Please turn off ringers and alerts on your devices. If you must answer or make a call, do so in the privacy of your room, or the Administration Bldg.
- "Progressive" classes are a continuum over several days. Your knowledge of that particular discipline and your fitness level will grow with each passing day. If you miss the first day, don't despair; you can still drop in on subsequent days.
- **Sign up** for classes are posted in the main lounge cork board.
- **Classes are limited** based on social distancing and equipment availability.
- **Classes and activities begin on time and last 45 minutes unless noted otherwise.**

## SATURDAY

- 6:15  **Mountain Hike: Professor's** challenging 3.3 Miles Gazebo
- 6:45  **Woodlands Hike** 2 Miles Gazebo
- 9:00  **Stretch** Pinetree
- 10:15  **Meditation** Oaktree
- 11:30  **Yoga: All Levels** Montaña
- 11:45- 1:30 **Fitness Concierge** Dining Hall  
A fitness specialist is available to answer all questions
- 2:00  **Shallow Water Workout** Activity Pool  
 **Sound Healing** Oaktree
- 3:15  **Stretch** Pinetree
- 4:00  **Set Your Ranch Intention, Tips for a Magical Week** Olmecca
- 5:00  **Ranch Tour** (recommended for first time guests) Gazebo  
 **Returning Guest Update** Tolteca
- 5:30  **First Time Guest Orientation** Olmecca
- 6:45  **Meet the Presenters** Dining Hall
- 7:15  **Movie Knives Out** Library Lounge
- 8:00  **A Balanced Glass-Is Your Glass Empty or Full?** with Lydia Mondavi Olmecca

## SUNDAY

*Class spaces are limited to first come first served*

- 6:15  **Mountain Hike: Pilgrim** Advanced Option of 3.5 or Challenging 4.5 Miles (Su,W) Gazebo
- 6:30  **Mountain Hike: Alex's Oak** 2 Miles (Su,W) Gazebo
- 6:45  **Quail Hike** 2 Miles with an Option to do an Extra Moderate Half Mile (Su,T,Th) Gazebo
- 8:15  **Fitness Concierge** 30 mins (Su) Dining Hall
- 9:00  **Feldenkrais** (Su,M) Oaktree  
 **Introduction to Circuit Training** (Su) Azteca  
 **Introduction to Pilates Mat: Fundamentals** Progressive (Su) Pinetree  
 **Sculpt & Strengthen: Level 2** (Su,W) Olmecca  
 **Stretch** (Su-F) Montaña  
 **Tennis Clinic: Level 1** (Su,T) Tennis Courts  
 **TRX HIIT - Circuit** (Su,W also 10:15a F) Tolteca
- 10:15  **Dance: Latin Fusion** (Su) Kuchumaa  
 **Introduction to Circuit Training** (Su) Azteca  
 **Pilates Arc Barrel: Level 2** (Su,Th) Pinetree  
 **Ranch Cycling: All Levels** (Su,T,Th) Pai Pai  
 **Tennis Clinic: Level 2** (Su,T) Tennis Courts  
 **Chant** (Su also 9a Th) Arroyo  
 **Yoga Fundamentals** (Su-F) Montaña
- 11:30  **Cardio Muscle Blast** (Su) Azteca  
 **Gyrokinesis®** (Su,M,T) Pinetree  
 **Stretch** (Su,T,Th) Oaktree  
 **The Wave: Shallow Water Workout with Craig Stuart** (Su-F) Activity Pool  
 **The Whys and Hows of Pole Use for Hiking** Bring your hiking poles (Su) Meet outside Arroyo  
 **Yoga: Level 2** 60 mins (Su,T,W,Th) Montaña
- 1:00  **Feldenkrais: Improving Posture and Balance with Donna Wood** Oaktree  
 **Nutrition Wellness: Eating Right for Life – Dietary Nutrition, with Jody Miller, MA, RCEP** Olmecca  
 **WATSU® WaterDance® Demonstration** (S) South Pool
- 2:00  **Aerial Yoga: Gentle, Low hammock** please wear socks and sleeves (Su,M,W) Kuchumaa  
 **Deep Water Training with Craig Stuart** (Su,T,Th) Activity Pool  
 **Feldenkrais** (Su) Oaktree  
 **Knitting for Wellness with David de la Paz** 60 min Sign up Gazebo  
 **Pilates Reformer: Fundamentals** (Su,M,F also 3:15p Su,Th) Pilates Studio  
 **Ranch Reset- Juice It Up!** Lecture and Juice with Regina Montalvo, MS, LAc Olmecca
- 3:15  **Ranch Barre** (Su) Olmecca  
 **Pilates Reformer: Fundamentals** (Su,Th also 2p Su,M) Pilates Studio  
 **Sound Healing** (Su,M,W,Th,F) Oaktree  
 **What's Happened to All of the Butterflies?** with Suzanne Clarke Arroyo
- 4:30  **Foam Roller** Please wear socks (Su,T,Th) Tolteca  
 **Sound Healing** (Su) Oaktree  
 **Inner Fitness: Love or Fear- The Big Shift!-It's Your Choice!** with Emily Boorstein, Life Coach Arroyo  
 **Fun with Poker – Basics of Texas Hold'em, with Lorraine Clayton and Johnny Goebel** (Su,T) Olmecca
- 7:15  **Movie Rocketman** Library Lounge
- 8:00  **Concert Bach and Beethoven, with Aleck Karis,** piano Oaktree

## MONDAY

*Class spaces are limited to first come first served*

- 6:15  **Mountain Hike: Professor's** challenging 3.3 (M,Th) Gazebo
- 6:45  **Woodlands Hike** 2 Miles (M,W,F) Gazebo
- 9:00  **Circuit Training** (M,W,F) Azteca  
 **Feldenkrais** (Su,M) Oaktree  
 **Meditation** (M,T,F) Milagro  
 **Pickleball: Beginner** (M,W) please wear court shoes Pickleball Courts  
 **Pilates Mat: Fundamentals** Progressive (M-F) Pinetree  
 **Pump It: Level 2** (M,F) Tolteca  
 **Stretch** (Su-F) Montaña
- 10:15  **Circuit Training** (M-F) Azteca  
 **Dance: Cardio Hip Hop Body Rock** (M) Kuchumaa  
 **Pickleball: Intermediate** (M,W) please wear court shoes Pickleball Courts  
 **Pilates Mat: Level 2** (M,W,F) Pinetree  
 **Sculpt & Strengthen: Level 1** (M) Olmecca  
 **Water Jogging with Craig Stuart** (M,F) Activity Pool  
 **Yoga Fundamentals** (Su-F) Montaña  
 **Drawing with Jennifer** 2 hours Art Studio
- 11:30  **Cycle 30: All Levels** 30 mins (M) Pai Pai  
 **Gyrokinesis®** (Su,M,T) Pinetree  
 **Release & Mobilize** please wear socks (M,W,F) Oaktree  
 **The Wave: Shallow Water Workout with Craig Stuart** (Su-F) Activity Pool  
 **TRX Fundamentals** (M,Th) Tolteca  
 **Yoga Sculpt: Level 2** 60 mins (M) Olmecca
- 1:00  **Nutrition Wellness: Building Healthy Eating Patterns/ Habits-Behavioral Nutrition with Jody Miller, MA, RECP** Olmecca  
 **Chakra Health: Opening and Balancing Exercises for Your Energy Centers with Jonelle Rutkauskas** Tolteca
- 2:00  **Aerial Yoga: Gentle, Low hammock** please wear socks and sleeves (Su,M,W) Kuchumaa  
 **Balance & Coordination** (M) Olmecca  
 **H2O Bootcamp** (M,W) Activity Pool  
 **Inner Fitness: Healthy Inner Dialogue – Discover Your Joyous Adult, with Emily Boorstein, Life Coach** Arroyo  
 **Pilates Reformer: Fundamentals** (Su,M,F also 3:15p Su,Th) Pilates Studio  
 **Travel Journaling, with Jennifer** 2 hours Art Studio
- 3:15  **Pilates Reformer: Level 2** (M,T also 11:30a W) Pilates Studio  
 **Sound Healing** (Su,M,W,Th,F) Oaktree  
 **Stability Ball** 30 mins (M) Olmecca  
 **Water Volleyball** (M) Central Pool
- 4:30  **Stretch & Relax** (M,W,F) Montaña  
 **Inner Journey: Guided Meditation** (M,W,F) Oaktree  
 **Documentary: Tree of Life, The Living Legacy of Edmond Szekely** Library Lounge
- 5:00  **Fiesta at the Bazar! All invited! Sangria and guacamole.** 60mins Bazar del Sol
- 7:15  **Movie Little Women** Library Lounge
- 8:00  **The Art of Playing with the Rain, with Christina Berteau** Olmecca

## TUESDAY

*Class spaces are limited to first come first served*

- 6:05  **Organic Garden Breakfast Hike** Moderate 4 Miles Sign up (T,W,Th) Gazebo
- 6:15  **Mountain Hike: Coyote** Advanced 5.5 or 4 Miles (T, F) Gazebo
- 6:45  **Quail Hike** 2 Miles with an Option to do an Extra Moderate Half Mile (Su,T,Th) Gazebo
- 9:00  **Bird Walk** (T,Th) Gazebo  
 **BOSU® Fit** (T,Th) Olmecca  
 **Meditation** (M,T,F) Milagro  
 **Pilates Mat: Fundamentals** Progressive (M-F) Pinetree  
 **Stretch** (Su-F) Montaña  
 **Tennis Clinic: Level 1** (Su,T) Tennis Courts
- 10:15  **Circuit Training** (M-F) Azteca  
 **Dance: Intro. to Salsa** (T) Kuchumaa  
 **Pilates on the Ball: Level 2** (T) Olmecca  
 **Ranch Cycling: All Levels** (Su,T,Th) Pai Pai  
 **Tennis Clinic: Level 2** (Su,T) Tennis Courts  
 **Yoga Fundamentals** (Su-F) Montaña  
 **Watercolor with Jennifer** 2 hours Art Studio
- 11:30  **Gyrokinesis®** (Su,M,T) Pinetree  
 **Kettlebells** 30 mins (T) Tolteca  
 **Stretch** (Su,T,Th) Oaktree  
 **The Bounce** 30 mins (T,Th) Kuchumaa  
 **The Wave: Shallow Water Workout with Craig Stuart** (Su-F) Activity Pool  
 **Yoga: Level 2** 60 mins (Su,T,W,Th) Montaña  
 **Knitting for Wellness with David de la Paz** 60 min Sign-up Gazebo
- 1:00  **Nutrition Wellness: Managing Cravings - Mindful/Intuitive Eating with Jody Miller, MA, RCEP** Olmecca Gym  
 **Bean-to-Bar Chocolate class – a delicious experience.** 90 mins Register at ext. 631 or 640/ Fee/ Departs from Admin Bldg.  
 **Sculpting Class with José Ignacio Castañeda** Art Studio
- 2:00  **Aqua Board** (T,Th also 3:15p T,Th) Central Pool  
 **Circuit Training** (T,Th) Azteca  
 **Deep Water Training with Craig Stuart** (Su,T,Th) Activity Pool  
 **Inner Fitness: Emotional Fluency – Permission to Feel, with Emily Boorstein, Life Coach** Arroyo  
 **Pilates Cadillac: Fundamentals** (T) Pilates Studio  
 **Watercolor Card Making with Jennifer** 2 hours Art Studio
- 3:15  **Aqua Board** (T,Th also 2p T,Th) Central Pool  
 **Core Challenge** 30 mins (T,F) Olmecca  
 **Pilates Reformer: Level 2** (M,T also 11:30a W) Pilates Studio  
 **Yoga Workshop: Hip Openers** (T) (some yoga experience Required) Montaña  
 **Exploring the Hidden World of Thriving Relationships – with MaryCay Durrant** Library Lounge
- 4:00  **Hands-on Cooking Class – Just Dessert - at La Cocina Que Canta with Visiting Chef Fran Costigan.** Dinner prepared by culinary staff. Register at Ext 626, 631 or 640/ Fee/ Departure at 4:00pm; approx. return 7:30pm. Meet at Admin. Bldg.
- 4:30  **Foam Roller** Please wear socks (Su,T,Th) Tolteca  
 **Restorative Yoga** (T,Th) Montaña  
 **Fun with Poker – Basics of Texas Hold'em, with Lorraine Clayton and Johnny Goebel** (Su,T) Olmecca  
 **Twice Is Nice: Reusing Your Lightly Used Greywater, with Christina Berteau** Library Lounge
- 7:15  **Movie A Beautiful Day in the Neighborhood** Library Lounge
- 8:00  **An Evening with Deborah Szekely, Co-founder of Rancho La Puerta: An Informal Question and Answer Session** Hosted by Barry Shingle, Program Director Oaktree

MEAL HOURS		AVAILABLE FACILITIES WHEN NO CLASS IS IN SESSION	
<b>SATURDAY</b>		<b>Milagro - Meditation Room</b>	
Breakfast	6:30 am to 9:00 am	6:00 am to 9:00 pm	
Lunch	11:30 am to 3:30 pm		
Dinner	5:30 pm to 7:30 pm	<b>Activity Pool - Lap Swim</b>	
<b>SUNDAY THROUGH FRIDAY</b>		7:00 am to 5:00 pm	
Breakfast	7:30 am to 9:00 am	<b>Azteca Gym - Weight Room</b>	
Lunch	12:00 pm to 1:30 pm	Saturday: 7:00 am to 1:00 pm	
Dinner	5:30 pm to 7:30 pm	Sunday – Friday: 7:00 am to 5:00 pm	
SNACK TIMES		UNSTAFFED PICK UP GAMES	
Main Lounge		<b>Pickleball</b>	
Sunday – Friday		9 am Su,T,Th	
Fruit: 10:30 am		<b>Sand Volleyball</b>	
Smoothies: 2:45 pm		4 pm Su - F	
Veggies & Juice 4:30 pm			



# SAMPLE SCHEDULE - CLASSES ARE SUBJECT TO CHANGE

## WEDNESDAY

- 6:05  **Organic Garden Breakfast Hike** Moderate 4 Miles Sign up (T,W,Th) Gazebo
- 6:15  **Mountain Hike: Pilgrim** Advanced Option of 3.5 or Challenging 4.5 Miles (S,W) Gazebo
- 6:30  **Mountain Hike: Alex's Oak** 2 Miles (Su,W) Gazebo
- 6:45  **Woodlands Hike** 2 Miles (M,W,F) Gazebo
  
- 9:00  **Circuit Training** (M,W,F) Azteca
- Cardio Boxing!** (W) Kuchumaa
- Nature Walk** 60 mins (W,F) Gazebo
- Pickleball: Beginner** (M,W) please wear court shoes Pickleball Courts
- Pilates Mat: Fundamentals** Progressive (M-F) Pinetree
- Sculpt & Strengthen: Level 2** (Su,W) Olmeca
- Stretch** (Su-F) Montaña
- TRX HIIT - Circuit** (Su,W also 10:15a F) Tolteca
  
- 10:15  **Circuit Training** (M-F) Azteca
- Dance: Cardio Hip Hop: Flash Back 90's!** (W) Kuchumaa
- Pilates Mat: Level 2** (M,W,F) Pinetree
- Pickleball: Intermediate** (M,W) please wear court shoes Pickleball Courts
- Yoga Fundamentals** (Su-F) Montaña
- Landscape Garden Walk** (W) Gazebo
- Landscape Sketching with Jennifer** 2 hours Art Studio
  
- 11:30  **Cycle Hip Hop: All Levels** 30 mins (W) Pai Pai
- Pilates Reformer: Level 2** (W also 3:15p M,T) Pilates Studio
- Ranch Ropes** 30 mins (W,F) Olmeca
- Release & Mobilize** please wear socks (M,W,F) Oaktree
- The Wave: Shallow Water Workout with Craig Stuart** (Su-F) Activity Pool
- Yoga: Level 2** 60 mins (Su,T,W,Th) Montaña
  
- 1:00  **Nutrition Wellness: Appetite X Factors that Influence Eating – What Gets in our Way \* includes a Sleep Meditation!** with Jody Miller, MA, RCEP Olmeca
  
- 2:00  **Aerial Yoga: Gentle, Low hammock** please wear socks and sleeves (Su,M,W) Kuchumaa
- H2O Bootcamp** (M,W) Activity Pool
- Postural Therapy** (W) Tolteca
- Inner Fitness: Powerful You – Ownership and Responsibility with Emily Boorstein, Life Coach** Arroyo
- Travel Journaling with Jennifer** 2 hours Art Studio
  
- 3:15  **Bosu Balance** (W) Olmeca
- Sound Healing** (Su,M,W,Th,F) Oaktree
- Yoga Workshop: Rope Wall** 60 mins (W,Th also 11:30a F) (some yoga experience required) Montaña
- Hike to The Residences, with Karla** 60 mins sign up Main Lounge
- Cultivating Trust for the Art of Soul Sharing, with MaryCay Durrant** Library Lounge
  
- 4:00  **Hands-on Cooking Class – Just Dessert - at La Cocina Que Canta with Visiting Chef Fran Costigan. Dinner prepared by culinary staff. Register at Ext 626, 631 or 640/ Fee/ Departure at 4:00pm; approx. return 7:30pm. Meet at Admin. Bldg.**
- 4:30  **Inner Journey: Guided Meditation** (M,W,F) Oaktree
- Stretch & Relax** (M,W,F) Montaña
- Can the Monarch Butterfly be Saved from Extinction? with Suzanne Clarke** Arroyo
- More Fun with Poker – Beyond Basics of Texas Hold'em, with Lorraine Clayton and Johnny Goebel** Olmeca
  
- 7:15  **Movie News of the World** Library Lounge
- 8:00  **Beethoven's Magnificent Late Sonata Opus 106 (the "Hammerklavier") performed by Aleck Karis, piano** Oaktree

## THURSDAY

! Confirm your return transportation at Front Admin Building or Concierge

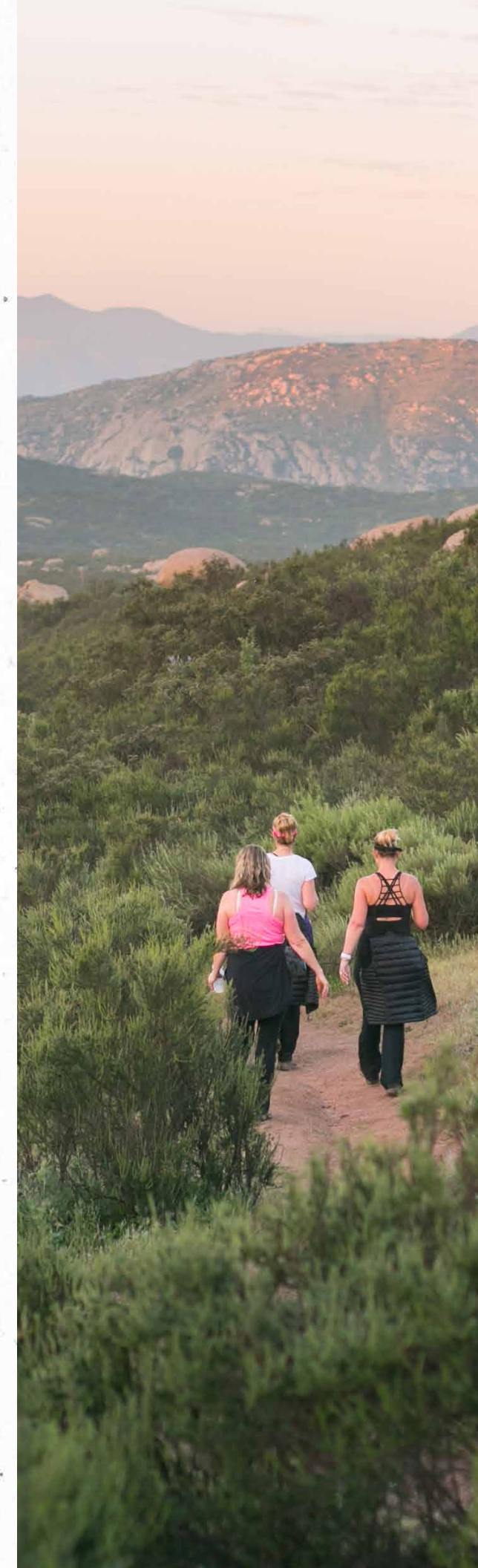
- 6:05  **Organic Garden Breakfast Hike** Moderate 4 Miles Sign up Option: to ride the van to and from the Ranch (T,W,Th) Gazebo
- 6:10  **Mountain Hike: 7 Mile Breakfast** Advanced with prerequisites, Sign Up (Th) Gazebo
- 6:15  **Mountain Hike: Professor's** challenging 3.3 Miles (M,Th) Gazebo
- 6:45  **Quail Hike** 2 Miles with an Option to do an Extra Moderate Half Mile (Su,T,Th) Gazebo
  
- 9:00  **Bird Walk** (T,Th) Gazebo
- BOSU@ Fit** (T,Th) Olmeca
- Chant** (Th also 10:15a Su) Arroyo
- Pickleball: All Levels** (Th also 10:15a F) please wear court shoes Pickleball Courts
- Pilates Mat: Fundamentals** Progressive (M-F) Pinetree
- Stretch** (Su-F) Montaña
  
- 10:15  **Circuit Training** (M-F) Azteca
- Dance: Move, Groove & Funk** (Th) Kuchumaa
- Pilates Arc Barrel: Level 2** (Su,Th) Pinetree
- Ranch Cycling: All Levels** (Su,T,Th) Pai Pai
- Yoga Fundamentals** (Su-F) Montaña
  
- 11:30  **Stretch** (Su,T,Th) Oaktree
- The Bounce** 30 mins (T,Th) Kuchumaa
- The Wave: Shallow Water Workout with Craig Stuart** (Su-F) Activity Pool
- Trust Water: Learn to Swim or Float** (Su) Central Pool
- TRX Fundamentals** (M,Th) Tolteca
- Yoga: Level 2** 60 mins (Su,T,W,Th) Montaña
  
- 12:30  **Demo Yarn Painting with Tim Hinchliff** Dining Hall entrance
  
- 1:00  **Nutrition Wellness: Metabolism and Healthy Weight, with Jody Miller, MA, RCEP** Olmeca Gym
- Bean-to-Bar Chocolate class – a delicious experience.** 90 mins Register at ext. 631 or 640/ Fee/ Departs from Admin Bldg.
- Yarn Painting/Soft Mosaic Workshop with Tim Hinchliff** (\$40 art kit fee) Please sign up Dining Hall balcony
  
- 2:00  **Aqua Board** (T,Th also 3:15p T,Th) Central Pool
- Circuit Training** (T,Th) Azteca
- Deep Water Training with Craig Stuart** (Su,T,Th) Activity Pool
- Inner Fitness: Create Your Best Life – How to Manifest Your Dreams, with Emily Boorstein, Life Coach** Arroyo
  
- 3:15  **Aqua Board** (T,Th also 2p T,Th) Central Pool
- Pilates Reformer: Fundamentals** (Su,Th also 2p Su,M,F) Pilates Studio
- Sound Healing** (Su,M,W,Th,F) Oaktree
- Yoga Workshop: Rope Wall** 60 mins (W,Th also 11:30a F) (some yoga experience required) Montaña
- Breathing into Presence: Inhale Your Part, Exhale What Belongs to Others, with MaryCay Durrant** Library Lounge
  
- 4:00  **Bean-to-Bar Chocolate class – a delicious experience.** 90 mins. Register at ext. 631 or 640/ Fee/ Departs from Admin Bldg.
- 4:30  **Foam Roller** Please wear socks (Su,T,Th) Tolteca
- Restorative Yoga** (T,Th) Montaña
- Art Exhibition with resident artists Jennifer Brandt, José Ignacio Castañeda & Tim Hinchliff** 90 mins Bazar del Sol
- Finding Monarchs! with Suzanne Clarke** Arroyo
  
- 7:15  **Documentary Kiss the Ground** (90 mins) Library Lounge
- Prayer Arrows with Tim Hinchliff** Main Lounge
  
- 8:00  **Music is Medicine for the Body, Heart and Soul, with Gary Malkin** Oaktree

## FRIDAY

! Please sign up or confirm your return transportation at the Admin Building or Concierge Desk

- 6:15  **Mountain Hike: Coyote** Advanced 5.5 or 4 Miles (T,F) Gazebo
- 6:30  **Silent Mountain Meditation Hike: Alex Oak** 2 Miles (F) Gazebo
- 6:45  **Woodlands Hike** 2 Miles (M,W,F) Gazebo
  
- 9:00  **Circuit Training** (M,W,F) Azteca
- Meditation** (M,T,F) Milagro
- Nature Walk** 60 mins (W,F) Gazebo
- Pickleball: All Levels** (Th,F) please wear court shoes Pickleball Courts
- Pilates Mat: Fundamentals** Progressive (M-F) Pinetree
- Pump It: Level 2** (M,F) Tolteca
- Stretch** (Su-F) Montaña
  
- 10:15  **Circuit Training** (M-F) Azteca
- Pilates Mat: Level 2** (M,W,F) Pinetree
- TRX HIIT - Circuit** (F also 9a Su,W) Tolteca
- Water Jogging with Craig Stuart** (M,F) Activity Pool
- Yoga Fundamentals** (Su-F) Montaña
  
- 11:30  **Cardio Kickboxing** (F) Kuchumaa
- Ranch Ropes** 30 mins (W,F) Olmeca
- Release & Mobilize** please wear socks (M,W,F) Oaktree
- The Wave: Shallow Water Workout with Craig Stuart** (Su-F) Activity Pool
- Yoga Workshop: Rope Wall** (some yoga experience required) 60 mins (F also 3:15pm W,Th) Montaña
  
- 1:00  **Set Your Return to Home Intentions** Tolteca
- The Power of the Grape, Anti-Oxidants & Resveratrol, with Lydia Mondavi** Olmeca
  
- 2:00  **Dance: Zumba** (F) Kuchumaa
- Pilates Reformer: Fundamentals** (Su,M,F also 3:15p Su,Th) Pilates Studio
- Water Polo on the Noodle** (F) Activity Pool
- Mandala/Metta Meditation with Jennifer** 2 hours Meet at Art Studio (may go to Labyrinth)
- Most Fun Finale – Rancho La Puerta Texas Hold'em Poker Tournament, with Lorraine Clayton and Johnny Goebel** 60 mins Arroyo
  
- 3:15  **Core Challenge** 30 mins (Su,T,F) Olmeca
- Sound Healing** (Su,M,W,Th,F) Oaktree
- Swim Stroke Clinic** 30 mins (F) Activity Pool
- The Theory of Imagination, with MaryCay Durrant** Library Lounge
  
- 4:30  **Inner Journey: Guided Meditation** (M,W,F) Oaktree
- Stretch & Relax** (M,W,F) Montaña
  
- 6:00  **Music with Rancho La Puerta Fiesta Band** Dining Hall
  
- 7:15  **Movie The Good Liar** Library Lounge

Tomorrow's Saturday schedule can be found on bulletin boards in the Main Lounge, Concierge, Front Desk and the Dining Hall.



YOUR WEEKLY SCHEDULE OF FITNESS CLASSES & ACTIVITIES