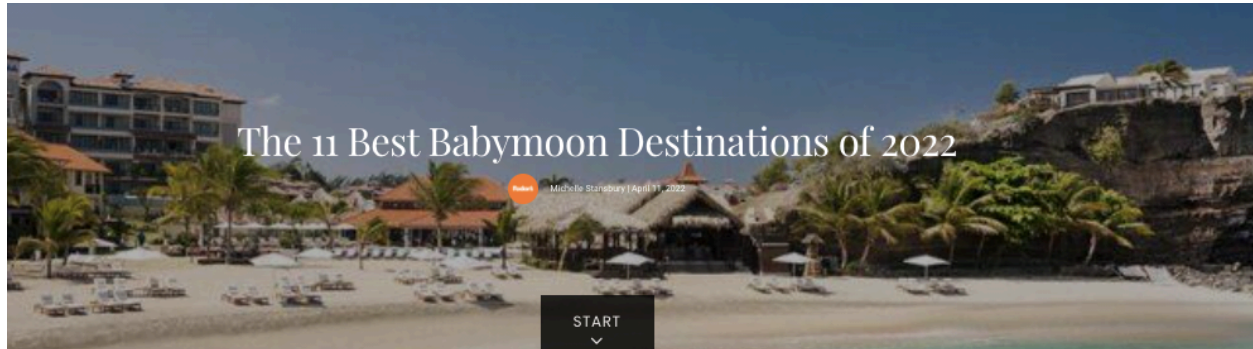


Fodor's Travel



When a little one is on the way, mom must find some time to play.

During points of great transition in your life, it's essential to take some time to cherish both the things you're leaving behind and the new adventures that await. The term "babymoon" likely started as a term for the time immediately following the birth of a baby but is now most often used to describe a last vacation before your new arrival. While couples often prioritize romance for babymoons, the trip can instead be a time of solo rest and relaxation, an adventure with close friends, or anything meaningful to you during this time of anticipation and change. Many hotels and resorts offer babymoon packages, but you can also create your own custom itinerary based on your priorities and situation.



PHOTO: Courtesy of Rancho Puerta

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Tecate, Mexico

Rancho La Puerta in Tecate, Mexico, provides a luxurious wellness escape for expecting parents to disconnect from stressors. The Spa at The Ranch offers a specialty sacred moments massage that incorporates healing rituals perfect parents-to-be. Tecate is right across the U.S. border with easy access; the resort is located on 4,000 acres of gardens, mountains, and meadows.