

Who Says Summer Camps Are Just for Kids?

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Summer camp season is in full swing. While arts and crafts, s'mores under the stars, horseback riding, field games and recreation were once reserved for kiddos ages 5 - 18, adults now have the ability to channel their inner-child, sense of adventure and curiosity with resorts offering pickleball clinics, private surf camps, target shooting, snorkeling, guided experiences, and more.

Here is a roundup of hotels and resorts creating the summer camp experience for adults:

Rancho La Puerta | Tecate, Mexico

Set on 4,000 private acres of gardens, mountains and meadows, Rancho La Puerta, the original "fitness resort" and spa, is the ultimate adult summer getaway. Providing a luxurious experience that offers a unique reawakening and spiritual mental escape ideal for the adult looking for a transformative wellness experience this summer, this primarily adults-only resort is complete with over 80 fitness classes, exhilarating hiking trails, rejuvenating spa treatments, therapeutic sessions, cooking classes, renowned speaker series and exciting water programming in the pool. A truly perfect adult playground, guests are sure to leave The Ranch feeling revitalized after customizing their dream wellness itinerary for either a 3, 4, 7 or enhanced 21-day stay.