

**Meditation with Sylvia Boorstein
Gyrokinesis® with Chantal Deebie
Pickleball Week with Kim Evans
October 8, 2022**

Stay flexible...in more ways than one! After you secure your spa appointments, try sketching out your personal program for an entire week, or take it day by day. Our Fitness Concierge is always ready to help you get the most out of your week. You'll soon discover many "don't miss!" experiences that inspire schedule changes.

Seek a balance when considering the many options for movement, nutrition, relaxation, entertainment, and learning.

Keep in mind a few guidelines for the week:

- We are a **"digital noise-free environment"**. Please turn off ringers and alerts on your devices. If you must answer or make a call, do so in the privacy of your room, or the Administration Bldg.

- "Progressive" classes are a continuum over several days. Your knowledge of that particular discipline *and* your fitness level will grow with each passing day. If you miss the first day, don't despair; you can still drop in on subsequent days.

- **Sign up** for classes are posted in the main lounge cork board.

- **Classes are limited** based on social distancing and equipment availability.

- **Classes and activities begin on time and last 45 minutes unless noted otherwise.**

SATURDAY | October 8

- 6:15 **Mountain Hike: Professor's** challenging 3.3 Miles Gazebo
- 6:45 **Woodlands Hike** 2 Miles Gazebo
- 7:00 **Interpretive Nature Walk with Mike Wilken** 60 mins Gazebo
- 9:00 **Stretch** Pinetree
- 10:00 **Circuit Training** Azteca
 Meditation Milagro
- 10:15 **Ranch Tour** (30 mins) Start outside Dining Hall
- 11:00 **Yoga: All levels** Montaña
- 12:15 **Ranch Tour** (30 mins) Start outside Dining Hall
- 2:00 **Shallow Water Workout** Activity Pool
 Sound Healing Oaktree
- 3:00 **Stretch** Pinetree
- 4:00 **Set Your Ranch Intention, Tips for a Magical Week** (also 7:15 pm) Olmecca
- 5:00 **Ranch Tour** (recommended for first time guests) Gazebo
 Returning Guest Update Tolteca
- 5:30 **First Time Guest Orientation** Olmecca
- 6:45 **Meet the Presenters** Dining Hall
- 7:15 **Set Your Ranch Intention, Tips for a Magical Week** Los Olivos (Can bring Dessert upstairs)
- 7:30 **Documentary Kiss the Ground** (90 mins) Library Lounge
- 8:00 **Learning to Live with Less and Why it Matters, with Amy Carstensen** Olmecca

MEAL HOURS	AVAILABLE FACILITIES
SATURDAY Breakfast 7:00 am to 9:00 am Lunch 11:30 am to 3:30 pm Dinner 5:30 pm to 7:30 pm	WHEN NO CLASS IS IN SESSION Milagro - Meditation Room 6:00 am to 9:00 pm
SUNDAY THROUGH FRIDAY Breakfast 7:30 am to 9:00 am Lunch 12:00 pm to 1:30 pm Dinner 5:30 pm to 7:30 pm	Activity Pool - Lap Swim 7:00 am to 6:00 pm
SNACK TIMES	Azteca Gym - Weight Room Saturday: 6:30 am to 1:30 pm Sunday – Friday: 7:00 am to 5:00 pm
Main Lounge / Sunday – Friday Fruit: 10:30 am Smoothies: 2:45 pm (Sunday only) Veggies & Juice 4:30 pm Juice Bar /Monday-Friday Smoothies: 2:45 pm	UNSTAFFED PICK UP GAMES Sand Volleyball 4 pm Su - F

SUNDAY | October 9

Class spaces are limited to first come first served

- 6:15 **Mountain Hike: Pilgrim** Advanced Option of 3.5 or Challenging 4.5 Miles (Su,W) Gazebo
- 6:30 **Mountain Hike: Alex's Oak** 2 Miles (Su) Gazebo
- 6:45 **Woodlands Hike** 2 Miles (Su,T,Th) Gazebo
- 8:15 **Docent Led Tour and Orientation** Dining Hall
 Fitness Concierge 30 mins (Su) Dining Hall
- 9:00 **Introduction to Circuit Training** (Su) Azteca
 Introduction to Pilates Mat: Fundamentals Progressive (Su-F) Pinetree
 Meditation (Su-F) Oaktree
 Pickleball: Beginner (Su,T,Th,F) please wear court shoes Pickleball Courts
 Sculpt & Strengthen: Level 2 (Su,W) Olmecca
 Stretch (Su-F) Montaña
 The Whys and Hows of Pole Use for Hiking Bring your hiking poles (Su) Meet outside Arroyo
- 10:00 **Chant** (Su,Th) back patio of Arroyo
 Dance: Latin Fusion (Su) Kuchumaa
 Introduction to Circuit Training (Su) Azteca
 H2O Bootcamp (Su,T,Th) Activity Pool
 Pickleball: Intermediate (Su,T,Th,F) please wear court shoes Pickleball Courts
 Pilates Mat: Level 2 (Su,M,T,F) Pinetree
 Pilates Reformer: Fundamentals (Su,Th also 11am Su,M,F)
 Ranch Cycling: All Levels (Su,T) Pai Pai
 Yoga Fundamentals: All Levels (Su -F) Montaña
- 11:00 **Cardio Muscle Blast** (Su) Azteca
 Gyrokinesis® 75 mins (Su-F) Pinetree
 Pickleball: All Levels (Su,M,W) please wear court shoes Pickleball Courts
 Pilates Reformer: Fundamentals (Su,M,F also Su 2pm) Pilates Studio
 Shallow Water Workout (Su,T,Th) Activity Pool
 TRX Fundamentals (Su,W) Tolteca
 Yoga: Level 2 75 mins (Su,M,T,Th,F) Montaña
- 1:00 **Water Flow Therapy Demo** South Pool
 How to Use Essential Oils in Self-Care Rituals for Beauty, Balance and Well-Being with Tara Grodjesk Arroyo
- 2:00 **Deep Water** (Su,T,Th) Activity Pool
 Pilates Reformer: Fundamentals (Su,M,F 11 am , Th at 10) Pilates Studio
 Ranch Ropes: 30 mins (Su also Th at 11) Olmecca
 Change Your Mind, with Life Coach Emily Boorstein Arroyo
- 3:00 **Core & More!** (Su,also W at 10 am) Tolteca
 Labyrinth (Su) Labyrinth
 Sound Healing (Su -F) Oaktree
 Swim Stroke Clinic 30 mins (Su,M,W) Activity Pool
 Tai Chi (Su,T) Montaña
- 4:00 **Foam Roller Recovery** Please wear socks (Su,T,Th) Tolteca
 Restorative Yoga (Su, T) Montaña
 Sound Healing (Su) Oaktree
 I Can't Draw and You Can Too! Session 1, with Tom Birmingham Art Studio
- 7:30 **Movie Emma** Library Lounge
- 8:00 **Karl Anthony Concert Look Up** ORIGINAL SONGS, Star Light & the SINGING DRUM Oaktree

MONDAY | October 10

Class spaces are limited to first come first served

- 6:15 **Mountain Hike: Professor's** challenging 3.3 (M,Th) Gazebo
- 6:30 **Dove Meditation Hike** 1.2 Miles (M,W) Gazebo
- 6:45 **Quail Hike** 2 Miles with an Option to do an Extra Moderate Half Mile (M,W,F) Gazebo
- 9:00 **Barbell Strength: Level 2** (M,F) Tolteca
 Circuit Training (M,W,F) Azteca
 Meditation (Su-F) Oaktree
 Pilates Mat: Fundamentals Progressive (M-F) Pinetree
 Stretch (Su-F) Montaña
 Tennis Clinic: Level 1 (M,W) Tennis Courts
- 10:00 **Circuit Training** (M-F) Azteca
 Dance: Zumba (M) Kuchumaa
 Feldenkrais (M,T) Oaktree
 Hike (pre and post) Mobility (M,W also F at 11am) Meet outside Kuchumaa
 Pickleball: Open Play (M,W) please wear court shoes Pickleball Courts
 Pilates Mat: Level 2 (Su,M,T,F) Pinetree
 Sculpt & Strengthen: Level 1 (M,W) Olmecca
 Tennis Clinic: Level 2 (M,W) Tennis Courts
 Water Jogging (M,W,F) Activity Pool
 Yoga Fundamentals: All Levels (Su -F) Montaña
- 11:00 **Bounce: mini trampoline** 30 mins (M,W) Kuchumaa
 Cycle 30: All Levels 30 mins (M) Pai Pai
 Gyrokinesis® 75 mins (Su-F) Pinetree
 Pickleball: All Levels (Su,M,W) please wear court shoes Pickleball Courts
 Pilates Reformer: Fundamentals (M,F Th at 10am) Pilates Studio
 Yoga: Level 2 75 mins (Su,M,T,Th,F) Montaña
 Drawing with Jennifer 2 hours Art Studio
- 1:00 **Feldenkrais** (M) Oaktree
 How to Maintain Your Skin's Radiance and Vibrancy at Any Age with Tara Grodjesk Arroyo
 Nutritional Resilience and Performance with Patti T. Milligan, PhD, RD, CNS Olmecca
 Your Energy Centers with Jonelle Rutkauskas Tolteca
- 2:00 **Aqua Fit** (M,W,F) Activity Pool
 Balance and Coordination (M) Olmecca
 Release & Mobilize please wear socks (M,W, F) Oaktree
 TRX Flexibility (M,Th) Tolteca
 Travel Journaling, with Jennifer 2 hours Art Studio
 Healthy Inner Dialogue, with Life Coach Emily Boorstein Arroyo
- 3:00 **Pilates Reformer: Level 2** (M,W also 11 am T) Pilates Studio
 Sound Healing (Su-F) Oaktree
 Stability Ball 30 mins (M,W) Olmecca
 Swim Stroke Clinic 30 mins (Su,M,W) Activity Pool
- 4:00 **Inner Journey: Guided Meditation** (M,W,F) Oaktree
 Stretch & Relax (M,W,F) Montaña
 I Can't Draw and You Can Too! Session 2, with Tom Birmingham Art Studio
- 5:00 **Fiesta at the Bazar! All invited! Sangría & guacamole** 60mins Bazar del Sol
- 7:30 **Movie News of the World** Library Lounge
- 8:00 **Too Much Clutter? How Do I "Let It Go?," with Amy Carstensen** Olmecca

TUESDAY | October 11

- 6:05 **Organic Garden Breakfast Hike** Moderate 4 Miles Sign up (T,W,Th,F) Gazebo
- 6:15 **Mountain Hike: Coyote** Advanced 5.5 or 4 Miles (T, F) Gazebo
- 6:30 **Mountain Trail Run** (2 to 4 Miles) (T) Gazebo
- 6:45 **Woodlands Hike** 2 Miles (Su,T,Th) Gazebo
- 9:00 **BOSU® Fit** (T,Th) Olmecca
 Meditation (Su-F) Oaktree
 Outdoor Fit: Strength & Cardio (T,Th) Meet outside Kuchumaa
 Pickleball: Beginner (Su,T,Th,F) please wear court shoes Pickleball Courts
 Pilates Mat: Fundamentals Progressive (M-F) Pinetree
 Stretch (Su-F) Montaña
 Hike to The Residences,with Karla 60 mins sign up Main Lounge
- 10:00 **Circuit Training** (M-F) Azteca
 Dance: Cardio Hip Hop: Bodyrock (Tu) Kuchumaa
 Feldenkrais (M,T) Oaktree
 H2O Bootcamp (Su,T,Th) Activity Pool
 Pickleball: Intermediate (Su,T,Th,F) please wear court shoes Pickleball Courts
 Pilates Mat: Level 2 (Su,M,T,F) Pinetree
 Ranch Cycling: All Levels (Su,T) Pai Pai
 TRX HIIT - Circuit (Tu,F) Tolteca
 Yoga Fundamentals: All Levels (Su -F) Montaña
- 11:00 **Aqua Board** (T,Th) Central Pool
 Gyrokinesis® 75 mins (Su-F) Pinetree
 Kettlebells 30 mins (T,Th) Tolteca
 Pilates Reformer: Level 2 (Tu also 3pm W) Pilates Studio
 Ranch Barre (T) Olmecca
 Shallow Water Workout (Su,T,Th) Activity Pool
 Stretch (T,Th) Oaktree
 Treadmill Training (T,F) Azteca
 Yoga: Level 2 75 mins (Su,M,T,Th,F) Montaña
 Watercolor with Jennifer 2 hours Art Studio
- 1:00 **Unlocking the Keys to EAT this WAY and FEEL That! with Patti T. Milligan, PhD, RD, CNS** Olmecca
 Explore Sound for Self-Healing, with Lisa Rafel Oaktree
 Bean-to-Bar Chocolate class 90 mins. Register at ext. 631/640. Fee/ Departs from Admin Bldg.
- 2:00 **Aerial Yoga: Gentle, Low hammock** please wear socks and sleeves (T,F) Kuchumaa
 Circuit Training (T,Th) Azteca
 Deep Water (Su,T,Th) Activity Pool
 Pilates Cadillac: Fundamentals (T,Th) Pilates Studio
 Postural Awareness (T,W) Tolteca
 Permission to Feel, with Life Coach Emily Boorstein Arroyo
 Collage Card Making with Jennifer 2 hours Art Studio
- 3:00 **Core Challenge** 30 mins (T,F) Olmecca
 Mobility Sticks (T,Th) Pinetree
 Sound Healing (Su-F) Oaktree
 Tai Chi (Su,T) Montaña
- 4:00 **Foam Roller Recovery** Please wear socks (Su,T,Th) Tolteca
 Restorative Yoga (Su, T) Montaña
 Hands-on Cooking Class at La Cocina Que Canta with Visiting Chef David Cohen. Register at Ext. 631/640. Fee. Depart 4:00pm; return 7:30pm. Meet at Admin. Bldg.
 I Can't Draw and You Can Too! Session 3, with Tom Birmingham Art Studio
- 7:30 **Movie Queen Bees** Library Lounge
- 8:00 **Cultivating Joy and Hope in the Midst of Stressful Times, with Sylvia Boorstein** Oaktree

WEDNESDAY | October 12

Class spaces are limited to first come first served

- 6:05** **Organic Garden Breakfast Hike** Moderate 4 Miles Sign up (T,W,Th,F) Gazebo
- 6:15** **Mountain Hike: Pilgrim** Advanced Option of 3.5 or Challenging 4.5 Miles (S,W) Gazebo
- 6:30** **Dove Meditation Hike** 1.2 Miles (M,W) Gazebo
 Sunrise Yoga 60 mins (W,F) Montaña (
- 6:45** **Quail Hike** 2 Miles with an Option to do an Extra Moderate Half Mile (M,W,F) Gazebo
- 9:00** **Circuit Training** (M,W,F) Azteca
 Meditation (Su-F) Oaktree
 Pilates Mat: Fundamentals Progressive (M-F) Pinetree
 Sculpt & Strengthen: Level 2 (Su,W) Olmeca
 Stretch (Su-F) Montaña
 Tennis Clinic: Level 1 (M,W) Tennis Courts
- 10:00** **Circuit Training** (M-F) Azteca
 Dance: Move, Groove & Funk! (W) Kuchumaa
 Core & More! (W) Tolteca
 Hike (pre and post) Mobility (M,W also F at 11) Meet outside Kuchumaa
 Pickleball: Open Play (M,W) please wear court shoes Pickleball Courts
 Sculpt & Strengthen: Level 1 (M,W) Olmeca
 Tennis Clinic: Level 2 (M,W) Tennis Courts
 Water Jogging (M,W,F) Activity Pool
 Yoga Fundamentals: All Levels (Su -F) Montaña
 Landscape Garden Walk (W) Gazebo
- 11:00** **Bounce: mini trampoline** 30 mins (M,W) Kuchumaa
 Cycle Hip Hop: All Levels 30 mins (W) Pai Pai
 Gyrokinesis@ 75 mins (Su-F) Pinetree
 Pickleball: All Levels (Su,M,W) please wear court shoes Pickleball Courts
 Reformer/Cadillac Combo: Level 2 (W) *prior reformer/cadillac experience required Pilates Studio
 TRX Fundamentals (Su,W) Tolteca
 Yoga Sculpt: Level 2 60 mins (W) Olmeca
 Landscape Sketching with Jennifer 2 hours Art Studio
- 1:00** **Unlocking the Keys to EAT this WAY and FEEL That! Part II with Patti T. Milligan, PhD, RD, CNS** Olmeca
 Sound Healing for Opening Your Heart with Lisa Rafel Oaktree
 Documentary: Tree of Life, The Living Legacy of Edmond Szekely Library Lounge
- 2:00** **Aqua Fit** (M,W,F) Activity Pool
 Postural Awareness (T,W) Tolteca
 Release & Mobilize please wear socks(M,W,F) Oaktree
 Mandala with Jennifer 1 hour Art Studio
 The Joy of Responsibility, with Life Coach Emily Boorstein Arroyo
- 3:00** **Pilates Reformer: Level 2** (M,W) Pilates Studio
 Sound Healing (Su-F) Oaktree
 Stability Ball 30 mins (M,W) Olmeca
 Swim Stroke Clinic 30 mins (Su,M,W) Activity Pool
- 4:00** **Inner Journey: Guided Meditation** (M,W,F) Oaktree
 Stretch & Relax (M,W,F) Montaña
 Hands-on Cooking Class at La Cocina Que Canta with Visiting Chef David Cohen. Register at Ext. 631/640. Fee. Depart 4:00pm; return 7:30pm. Meet at Admin. Bldg.
 I Can't Draw and You Can Too! Session 4, with Tom Birmingham Art Studio
- 5:00** **Awaken the Artist Within, with Erin Gafill** Olmeca
- 7:30** **Movie *Dream Horse*** Library Lounge
- 8:00** **An Evening with Deborah Szekely, Co-founder of Rancho La Puerta, and Sarah Livia Brightwood Szekely, President of Rancho La Puerta, Hosted by Barry Shingle, Program Director** Oaktree

THURSDAY | October 13

- 6:05** **Organic Garden Breakfast Hike** (T,W,Th,F) Moderate 4 Miles Gazebo *Option to tour Professor Park / RLP Foundation, back by 9am. * Ride the van to and from the Ranch. Sign Up
- 6:10** **Mountain Hike: 7 Mile Breakfast** Advanced with prerequisites, Sign Up (Th) Gazebo
- 6:15** **Mountain Hike: Professor's** challenging 3.3 Miles (M,Th) Gazebo
- 6:45** **Woodlands Hike** 2 Miles (Su,T,Th) Gazebo
- 9:00** **BOSU@ Fit** (T,Th) Olmeca
 Cardio Kickboxing (Th) Kuchumaa
 Meditation (Su-F) Oaktree
 Outdoor Fit: Strength & Cardio (T,Th) Meet outside Kuchumaa
 Pickleball: Beginner (Su,T,Th,F) please wear court shoes Pickleball Courts
 Pilates Mat: Fundamentals Progressive (M-F) Pinetree
 Stretch (Su-F) Montaña
 Hike to The Residences,with Karla 60 mins sign up Main Lounge
- 10:00** **Chant** (Su,Th) Arroyo (back patio)
 Circuit Training (M-F) Azteca
 Dance: Intro to Salsa (Th) Kuchumaa
 H2O Bootcamp (Su,T,Th) Activity Pool
 Pickleball: Intermediate (Su,T,Th,F) please wear court shoes Pickleball Courts
 Pilates Arc Barrel Level 2 (Th) Pinetree
 Pilates Reformer: Fundamentals (Th also F at 11) Pilates Studio
 Rhythm Cycle: All Levels (Th) Pai Pai
 Yoga Fundamentals: All Levels (Su -F) Montaña
 Trunk Show Ethnic embroideries & native indigenous textiles with Patricia López Mercado Patio
- 11:00** **Aqua Board** (T,Th) Central Pool
 Gyrokinesis@ 75 mins (Su-F) Pinetree
 Kettlebells 30 mins (T,Th) Tolteca
 Ranch Ropes 30mins (Th) Olmeca
 Shallow Water Workout (Su,T,Th) Activity Pool
 Stretch (T,Th) Oaktree
 Yoga: Level 2 75 mins (Su,M,T,Th,F) Montaña
- 12:30** **Demo Yarn Painting with Tim Hinchliff** Dining Hall entrance
- 1:00** **Make Sounds to Help Someone Else with Lisa Rafel** Oaktree
 Yarn Painting/Soft Mosaic Workshop with Tim Hinchliff (\$60 art kit fee) Sign up Dining Hall balcony
 Bean-to-Bar Chocolate Class 60 mins Register at ext. 631/640. Fee/ Departs promptly from Admin Bldg.
 Trunk Show Ethnic embroideries & native indigenous textiles with Patricia López Mercado Patio
- 2:00** **Circuit Training** (T,Th) Azteca
 Deep Water (Su,T,Th) Activity Pool
 Pilates Cadillac: Fundamentals (T,Th) Pilates Studio
 TRX Flexibility (M,Th) Tolteca
 Yoga Workshop: Rope Wall (Th) *previous yoga experience Montaña
 Create and Manifest Your Best Life, with Life Coach Emily Boorstein Arroyo
- 3:00** **Mobility Sticks** (T,Th) Pinetree
 Sound Healing (Su-F) Oaktree
 Tabata 30: 30 mins (Th) Olmeca
- 4:00** **Foam Roller Recovery** Please wear socks (Su,T,Th) Tolteca
 Yoga Nidra (Th) Montaña
 Art Exhibition with Tim Hinchliff 90 mins Bazar del Sol
 Hands-on Cooking Class at La Cocina Que Canta with Visiting Chef David Cohen. Register at Ext. 631/640. Fee. Depart 4:00pm; return 7:30pm. Meet at Admin. Bldg.
 Bean-to-Bar Chocolate Class 60 mins Register at ext. 631/640 Fee/ Departs promptly from Admin Bldg
- 6:15** **Silent Dinner** (Th) Sign up, Los Olivos (via Dining Hall balcony)
- 7:15** **Prayer Arrows with Tim Hinchliff** Main Lounge
- 7:30** **Documentary *The Hidden Life of Trees*** Library Lounge
- 8:00** **Karl Anthon Concert – Hold the Sky** Oaktree

FRIDAY | October 14

Please sign up or confirm your return transportation at the Admin Building or Concierge Desk

- 6:05** **Organic Garden Breakfast Hike** (T,W,Th,F) Moderate 4 Miles Gazebo
- 6:15** **Mountain Hike: Coyote** Advanced 5.5 or 4 Miles (T,F) Gazebo
- 6:30** **Mountain Meditation Hike: Alex Oak** 2 Miles (F) Gazebo
 Sunrise Yoga 60 mins (W,F) Montaña
- 6:45** **Quail Hike** 2 Miles with an Option to do an Extra Moderate Half Mile (M,W,F) Gazebo
- 9:00** **Barbell Strength: Level 2** (M,F) Tolteca
 Bootcamp (F) Kuchumaa
 Circuit Training (M,W,F) Azteca
 Meditation (Su-F) Oaktree
 Pickleball: Beginner (Su,T,Th,F) please wear court shoes Pickleball Courts
 Pilates Mat: Fundamentals Progressive (M-F) Pinetree
 Stretch (Su-F) Montaña
- 10:00** **Circuit Training** (M-F) Azteca
 Dance: Cardio Hip Hop: Flashback 90's (F) Kuchumaa
 Pickleball: Intermediate (Su,T,Th,F) please wear court shoes Pickleball Courts
 Pilates Mat: Level 2 (Su,M,T,F) Pinetree
 TRX HIIT - Circuit (Tu,F) Tolteca
 Water Jogging (M,W,F) Activity Pool
 Yoga Fundamentals: All Levels (Su -F) Montaña
- 11:00** **Cardio Boxing** (F) Kuchumaa
 Gyrokinesis@ 75 mins (Su-F) Pinetree
 Hike (pre and post) Mobility (F) Meet outside Kuchumaa
 Pilates Reformer: Fundamentals (F) Pilates Studio
 Treadmill Training (T,F) Azteca
 Yoga: Level 2 75 mins (Su,M,T,Th,F) Montaña
- 1:00** **Set Your Return to Home Intention** (also 5pm F) Tolteca
 Sound to Assist with Your Energy Field with Lisa Rafel Oaktree
 City of Covid, with John Rosenmiller Olmeca
- 2:00** **Aerial Yoga: Gentle, Low hammock** please wear socks and sleeves (T,F) Kuchumaa
 Aqua Fit (M,W,F) Activity Pool
 Release & Mobilize please wear socks(M,W,F) Oaktree
 Where Am I? The fascinating natural history of Tecate, Baja California, and Mexico, with Mike Wilken Library Lounge
- 3:00** **Core Challenge** 30 mins (T,F) Olmeca
 Sound Healing (Su-F) Oaktree
- 4:00** **Inner Journey: Guided Meditation** (M,W,F) Oaktree
 Stretch & Relax (M,W,F) Montaña
- 5:00** **Set Your Return to Home Intention** (F) Tolteca
- 6:00** **Music with Rancho La Puerta Fiesta Band** Dining Hall
- 7:30** **Documentary *The Truffle Hunters*** Library Lounge

Tomorrow's Saturday schedule can be found on bulletin boards in the Main Lounge, Concierge, Front Desk and the Dining Hall