

Butternut Squash Compote

Ingredients

2 cups butternut squash, peeled and diced 1 cup apple juice 1 tsp cinnamon ½ tsp all spice ¼ cup molasses or piloncillo

Method

- 1. Place the squash, apple juice, cinnamon, allspice, and molasses in a pot and cook until the squash is soft, add some water if needed to prevent it from burning.
- 2. Mash softly to keep some texture in the compote.
- 3. Keep refrigerated in an airtight container for a week.