

YOLO

JOURNAL



THE STAY

Our favorite
places to rest up,
detox, work out
and seek a cure

NORTH AMERICA

ALASKA

ALYESKA NORDIC SPA
Chugach Mountains

ARIZONA

CIVANA
Carefree

CASTLE HOT SPRINGS
Morristown

MII AMO
Sedona

CANYON RANCH
Tucson

MIRAVAL
Tucson

CALIFORNIA

ESALEN
Big Sur

POST RANCH INN
Big Sur

THE ASHRAM
Calabasas

DR. WILKINSON'S
Calistoga

INDIAN HOT SPRINGS
Calistoga

WE CARE
Desert Hot Springs

THE PEARL
Laguna Beach

THE RANCH
Malibu

STANLY RANCH
Napa Valley

GOLDEN DOOR
San Marcos

CAL-A-VIE
Vista

CONNECTICUT

THE MAYFLOWER INN
Washington

COLORADO

DURANGO HOT
SPRINGS & RESORT
Durango

HAWAII

SENSEI LANAI
Lanai City



CASTLE HOT SPRINGS, ARIZONA



CIVANA, ARIZONA



POST RANCH INN, CALIFORNIA



AMANGIRI, UTAH



BLACKBERRY FARM, TENNESSEE



HERMITAGE BAY, ANTIGUA

- MASSACHUSETTS

CANYON RANCH
Lenox

.....

MIRAVAL
Lenox

.....

KRIPALU
Stockbridge
- NEW MEXICO

OJO CALIENTE
Santa Fe

.....

TEN THOUSAND WAVES
Santa Fe
- NEW YORK

SHOU SUGI BAN HOUSE
The Hamptons

.....

PIAULE
The Catskills

.....

HUTTON BRICKYARDS
Hudson Valley

.....

MOHONK MOUNTAIN
HOUSE
Hudson Valley

.....

OMEGA INSTITUTE
Hudson Valley

.....

- WILDFLOWER FARMS
Hudson Valley

NORTH CAROLINA

ART OF LIVING
RETREAT
Boone

.....

HIGH HAMPTON INN
Cashiers
- PENNSYLVANIA

OMNI BEDFORD
SPRINGS
Bedford
- TENNESSEE

BLACKBERRY
MOUNTAIN
Great Smoky Mountains
- TEXAS

LAKE AUSTIN SPA
RESORT
Austin
- UTAH

AMANGIRI
Canyon Point

.....

THE LODGE AT
BLUE SKY
near Park City
- WEST VIRGINIA

THE HOMESTEAD
Hot Springs

- CANADA

LE MONASTÈRE DES
AUGUSTINES
Québec

.....

THE WICKANINNISH
INN
Tofino
- THE CARIBBEAN

HERMITAGE BAY
Antigua

.....

SIVANANDA ASHRAM
New Providence, Bahamas

.....

KI-RA HOLISTIC LIVING
Dominican Republic

.....

NATURA CABANA
Dominican Republic

.....

PALM HEIGHTS
GARDEN CLUB
Grand Cayman

.....

GO NATURAL JAMAICA
Jamaica

.....

BODY HOLIDAY
St. Lucia

.....

COMO PARROT CAY
Turks and Caicos
- 109

CENTRAL/ SOUTH AMERICA
MEXICO CAREYES CLUB Jalisco CHABLÉ Maroma, Yucatan and Sian Ka'an MAYA MEDICINE Oaxaca LIFE SYNERGY Playa del Carmen PALMAÑA, THE HOUSE OF AÑA Playa Del Carmen HARAMARA RETREAT Sayulita RANCHO LA PUERTA Tecate NAGA Tulum PLAYA VIVA Zihuatanejo

COSTA RICA
ORIGINS LODGE Alajuela Province NAYARA TENTED CAMP Arenal region HACIENDA ALTAGRACIA San José Province
SOUTH AMERICA
UXUA Trancoso, Brazil TIERRA ATACAMA Chile ANDBEYOND VIRA VIRA Lake District, Chile HOTEL LAS ISLAS Cartagena, Colombia SANCTUARY LODGE Machu Picchu, Peru ARKANA RETREATS Sacred Valley, Peru INKATERRA Sacred Valley, Peru



CASA CHABLÉ, MEXICO



RANCHO LA PUERTA, MEXICO



NAYARA, COSTA RICA



PLAYA VIVA, MEXICO



LES PRÉS D'EUGÉNIE, FRANCE



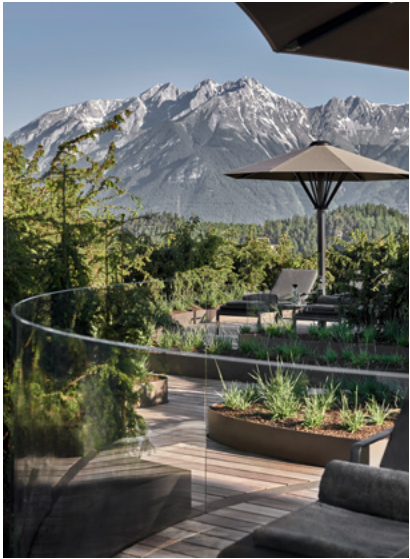
HOTEL POST BEZAU, AUSTRIA



EUPHORIA RETREAT, GREECE



SHA WELLNESS CLINIC, SPAIN



LANSERHOF LANS, AUSTRIA

EUROPE

AUSTRIA

VIVAMAYR
Altaussee

.....

HOTEL POST BEZAU
Bezau

.....

BIOHOTEL SCHWANEN
Bizau

.....

LANSERHOF LANS
Innsbruck

.....

STANGLWIRT
Kitzbühel

FRANCE

LA CHENEAUDIÈRE
Alsace

.....

LES SOURCES
DE CAUDALIE
Bordeaux

.....

HÔTEL BELLE PLAGE
Cannes

.....

LES PRÉS D'EUGÉNIE
Gascony

.....

LILY OF THE VALLEY
Provence

GERMANY

BRENNER'S PARK
HOTEL & SPA
Baden-Baden

.....

VILLA STÉPHANIE
Baden-Baden

.....

SEBASTIANEUM
Bavaria

.....

LANSERHOF
Sylt

.....

LANSERHOF
Tegernsee

.....

BUCHINGER WILHELMI
Überlingen

GREECE

KEA RETREAT
Cyclades

.....

F ZEEN RETREAT
Kefalonia

.....

EUPHORIA RETREAT
Mistras

.....

THE ROOSTER
Antiparos

.....



MEZZATORRE, ITALY



BORGO SANTO PIETRO, ITALY



MASSERIA SAN DOMENICO, ITALY



QUINTO DA COMPORTA, PORTUGAL

ANDRONIS CONCEPT
WELLNESS RESORT
Santorini

HUNGARY

ANANTARA
Budapest

CORINTHIA
Budapest

FOUR SEASONS
GRESHAM PALACE
Budapest

SPIRIT HOTEL
THERMAL SPA
Sarvar

ITALY

FORESTIS
Dolomites

HOTEL SCHGAGULER
Dolomites

ROSA ALPINA
Dolomites

MEZZATORRE
Ischia

VILLA PARADISO
Lago di Garda

PALAZZO FIUGGI
Lazio

L'ALBERETA
Lombardy

MASSERIA SAN
DOMENICO
Puglia

PALACE MERANO
HOTEL
South Tyrol

PREIDLHOF
South Tyrol

ADLER RESORT AT
BAGNO VIGNONI
Tuscany

BORGO SANTO PIETRO
Tuscany

POSTA MARCUCCI
Bagno Vignoni

PORTUGAL

OCTANT FURNAS
Azores

QUINTA DA COMPORTA
Comporta

SIX SENSES DOURO
VALLEY
Douro Valley

VIDAGO PALACE HOTEL
Douro Valley

SPAIN

SHA WELLNESS CLINIC
Alicante

FINCA LA DONAIRA
Andalucía

SIX SENSES
Ibiza

YOGAROSA RETREAT
Ibiza

BUCHINGER WILHELMI
Marbella

MARBELLA CLUB
Marbella

SWITZERLAND

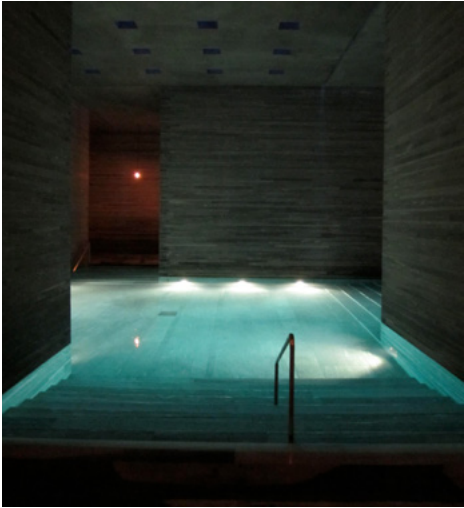
FORTYSEVEN
Baden

LES BAINS DE LAVEY
Chablais

WALDHAUS Flims	CERVO MOUNTAIN RESORT Zermatt	THE RETREAT HOTEL Blue Lagoon, Iceland
VICTORIA JUNGFRAU Interlaken	THE DOLDER GRAND Zürich	DEPLAR FARM Troll Peninsula, Iceland
BÜRGENSTOCK HOTELS Lake Lucerne	HÜRLIMANNBAD & SPA Zürich	THE ARCTIC HIDEAWAY Nordland, Norway
CHENOT PALACE WEGGIS Lake Lucerne	—— SCANDINAVIA —— KURHOTEL SKODSBORG Copenhagen, Denmark	MANSHAUSEN Nordland, Norway
MINERALBAD & SPA RIGI KALTBAD Lake Lucerne	GREAT NORTHERN Funen, Denmark	SWEDISH COUNTRY LIVING Götaland, Sweden
GUARDA VAL Lenzerheide	RUTH'S HOTEL Skagen, Denmark	MARSTRAND KURHOTELL Marstrand, Sweden
GRAND RESORT BAD RAGAZ Bad Ragaz	ALSIK HOTEL & SPA Sønderborg, Denmark	TREE HOTEL Norrland, Sweden
KULM HOTEL St. Moritz	PÄDASTE MANOR Muhu Island, Estonia	—— TURKEY —— LIFECO Bodrum
7132 HOTEL Vals	HEDON SPA & HOTEL Pärnu, Estonia	SIANJI WELL-BEING RESORT Bodrum
	KAKSLAUTTANEN ARCTIC RESORT Lapland, Finland	SIX SENSES KAPLANKAYA Bodrum



KULM HOTEL, SWITZERLAND



7132 HOTEL, SWITZERLAND



THE DOLDER GRAND, SWITZERLAND



BÜRGENSTOCK, SWITZERLAND



HOSHINOYA TOKYO, JAPAN



COMO SHAMBHALA, INDONESIA



YEOTOWN, UK

- U.K. —
- COWORTH PARK
Berkshire
-
- YEOTOWN
Devon
-
- MIDDLE PICCADILLY
Dorset
-
- LIME WOOD
Hampshire
-
- GALGORM
Balymenna, Ireland
-
- SOHO FARMHOUSE
Oxfordshire
-
- WILDLAND
Scottish Highlands
-
- THE DETOX BARN
Suffolk
-
- BEAVERBROOK
Surrey
-
- BROUGHTON
SANCTUARY
Yorkshire

- ASIA —
- SOUTH ASIA —
- AMANKORA LODGES
Bhutan
-
- SIX SENSES VANA
Himalayan foothills, India
-
- CARNOUSTIE
Kerala, India
-
- KALARI KOVILAKOM
Kerala, India
-
- VAIDYAGRAMA
AYURVEDA HEALING
VILLAGE
Kerala, India
-
- ANANDA HIMALAYAS
near Rishikesh, India
-
- JOALI BEING
Raa Atoll, Maldives
-
- ULPOTHA
near Dambulla, Sri Lanka
-
- SANTANI WELLNESS
RESORT
near Kandy, Sri Lanka
-
- SEN WELLNESS
SANCTUARY
near Tangalle, Sri Lanka

SOUTHEAST ASIA SONG SAA Koh Rong, Cambodia COMO SHAMBHALA ESTATE Bali, Indonesia FIVELEMENTS Bali, Indonesia FOUR SEASONS SAYAN Bali, Indonesia NIHI SUMBA Sumba, Indonesia CHIVA SOM Hua Hin, Thailand KAMALAYA Koh Samui, Thailand AMANPURI Phuket, Thailand AMATARA Phuket, Thailand TRISARA Phuket, Thailand		EAST ASIA AMANEMU Ise-Shima, Japan HOSHINO RESORTS KAI Japan HOSHINOYA Tokyo, Japan HEALIENCE Gangwon-do, South Korea AFRICA XIGERA Moremi Game Reserve, Botswana SEGERA RETREAT Laikipia, Kenya MAZAGAN BEACH RESORT El Jadida, Morocco PALAIS NAMASKAR Marrakech, Morocco ROYAL MANSOUR Marrakech, Morocco 		KISAWA SANCTUARY Benguerra Island, Mozambique ONE & ONLY NYUNGWE HOUSE Nyungwe Forest, Rwanda BABYLONSTOREN Franschhoek, South Africa STERREKOPJE Franschhoek, South Africa ZURI Zanzibar, Tanzania AUSTRALIA/ NEW ZEALAND SOMA Byron Bay, Australia KITTAWA LODGE King Island, Australia ARO HĀ South Island, New Zealand
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BABYLONSTOREN, SOUTH AFRICA



JOALI BEING, MALDIVES