

# VERANDA

## These 25 Idyllic Destinations Are Perfect for Your Next Wellness-Inspired Getaway

**It's time to book a restorative retreat in your favorite slice of paradise.**

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While we've worked hard to transform our bathrooms into a spa-like destination, from walk-in showers with all the bells and whistles to vanities full of the most luxurious self-care products, there's nothing like getting away for a few days and enjoying a wellness retreat. While we are all about discovering the romance in our daily lives— like nurturing a vibrant garden or watching the day's last moments of natural light stream in through the window as we enjoy a cocktail—there's nothing like embarking on a vacation to the beach, mountains, jungle, or countryside, even if it's just an hour's drive away.

We've done our research to uncover the world's most luxurious, restorative retreats. From far-flung spa experiences in the Himalayan foothills to immersive road trip-able getaways, these fabulous escapes offer something for every type of rejuvenation-seeker. These incredible wellness retreats will help you recharge your batteries and get some much-deserved R&R.



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## **Rancho La Puerta: Tecate, Mexico**

If you're in need of a digital detox, a nutritional reset, or are simply longing for a lush oasis to get pampered, Rancho La Puerta has a personalized experience for you. Just across the border in Baja California, this dreamy wellness retreat will enrich your mind, body, and soul through long walks, unique workshops, and natural healing treatment for a holistic rejuvenation process.