## **VERANDA**

## 16 Luxurious Spa Getaways That We Can't Wait to Experience in a Post-Pandemic World

From hideaways in the Hamptons to far-flung immersive retreats, these spas are some of the best in the world for restoring balance and achieving wellness. BY <u>LAUREN WICKS</u> AUG 21, 2020



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The best spas in the world run the gamut from tropical retreats in Southeast Asia to medical institutes in Switzerland, each offering its unique take on restoration based on its natural environment and wellness philosophy. These resort spas offer a variety of wellness experiences, plus all the fabulous amenities one would expect from a renowned luxury <a href="https://hotel.no.pub/hotel">hotel</a>, to supply the individualized experience you need to restore balance and indulge your senses.

The following spas are world-renowned for not only their incredible spa menus and <a href="mailto:swoon-worthy-pools">swoon-worthy-pools</a> but for the overall experience they offer, be it culinary delights, one-of-a-kind excursions, or <a href="mailto:jaw-dropping">jaw-dropping</a> accommodations. From <a href="mailto:road-trip-able destinations">road-trip-able destinations</a> that offer one-day packages, to far-flung, seven-day retreats, these spas truly deliver something for every type of wellness-seeker.



## Rancho La Puerta: Mexico

Just an hour and a half drive from San Diego lies an idyllic spa retreat at the crossroads of the Laguna and Sierra Juarez mountain ranges. Since 1940, <u>Rancho La Puerta</u> has been paving the way for wellness in North America, winning it many accolades over the years. There are a wide variety of experiences offered, from traditional, weekend-long relaxation-focused journeys to 14-day detox programs.

Rancho La Puerta now offers a 21-day Perfect Balance Sabbatical, where guests learn how to achieve work-life balance. Guests will have the opportunity to receive spa treatments, cooking classes, fitness experiences, and have access to all the resort's amenities while maintaining a flexible work schedule.