GOOD NIGHT, LATE NIGHT!

JAMES CORDEN IS LEAVING THE AIRWAVES—AND L.A.—AS LATE-NIGHT STRUGGLES TO STAY AWAKE. WILL THE LAST HOST LEFT PLEASE TURN OUT THE LIGHTS?

BY BRIAN STELTER
When it comes to serious R and R, nothing beats a luxurious spa in a dreamy locale. Luckily, we already live in one of the most beautiful places on earth. So, whether you prefer a staycation or a road trip, here are five retreats in and around L.A. to help you relax and rejuvenate:

**Fairmont Spa Century Plaza**
- True to its reputation as the “Hotel of the Future,” it was the first in L.A. to have color televisions when it opened in 1966. The recently revamped Fairmont Century Plaza features a spa with cutting-edge wellness services. Standout offerings include biokinesis treatments, designed by anaging expert Dr. G. Garcia that combine an eucalyptus steam in an infra-red sauna with neuroelectric technology, Normatec lymphatic drainage pants, LED light therapy, and neuroacupuncture. The Sansel massage incorporates acupuncture and joint-realigning therapy, vibration sound healing, and silk color therapy. And at the in-room Dr. R. Raus clinic—The award-winning

**Golden Door**
- Fresh off a multi-million-dollar renovation and complete overhaul of the wellness destination’s iconic bathhouse and pool, Golden Door is now more Zen than ever. Three new suites are the minimum stay at the 600-acre restaurant-inspired property where assorted facials, waxing, manicures, pedicures, and hair salon services are performed. You will find Swedish, Thai, Aromatherapy, and Ayurvedic massage, EMIR healing, breathwork, and hypnotherapy. New amenities include a soaking tub with the choice of a warm cherry-teriyaki infused with Wakin’s soy and sesoned senza or a mood-boosting cold plunge with Epsom salts for muscle recovery, better sleep, and an enhanced immune system.

**Qsa Baths & Spa**
- As with all things Vegas, “Go big, or go home” is the motto at this 56,000-square-foot Caesar Palace spa inspired by the ancient Roman tradition of relaxation (and decadence). Highlights include men’s and women’s baths featuring three mineral-enriched pools: a warm tepidarium, a hot caldarium, and an icy frigidarium. Guests can also hang out in the Arctic Ice Room, where snowflakes cascade from the ceiling and a fountain dispenses shaved ice chips, or they can sweat it out in heated aerobic benches in the Lavo room. With 15 treatment studios, two wet rooms with Vichy showers, a cedar sauna, an herbal steam room, a whirlpool, and a tea lounge, you can fill an entire weekend at Qsa. Signature treatments include the Cleopatra’s Golden Goddess Facial, which incorporates 24-karat gold for a warming glow, and the Gentlemen’s Poker Facial, which promises to smooth away stress and fine lines caused by fiddling away money at the hotel’s legendary casino.

**Rancho La Puerta**
- Just three miles south of the U.S. border, Rancho La Puerta was founded as a health camp in 1940 and pioneered the modern wellness movement. Back then, guests brought their own tents and could pay $5 for a week or $75 for a week if they helped with chores, such as working in the garden. Today, the 4,000-acre ranch has nine treatment rooms offering the property’s 150 treatments. A new Rose Canyon Resplendent Rest in Las Vegas, Nevada, offers traditional spa treatments with the addition of new services such as aqua yoga, dip-nap, and tai chi classes. The men’s and women’s health centers offer a full range of spa services, including mountain sage hot stone massages; a Rosnich Skin Replenishment ritual with aqua yoga, green algae, and a signature body wrap with aromatic herbs. Along with its new spa, Rancho La Puerta offer guests a chance to relax and rejuvenate in a spa setting.

**Two Bunch Palms**
- Located on top of the 800-year-old Joshua Tree and one of the country’s prettiest azaleas, the spa at Two Bunch Palms is famous for its mineral pools, in which low-sulfur, lithium-rich water emerges from the earth at temperatures above 100 degrees. After an extensive renovation, the hotel has tripled its bathing options with the addition of a new cave and seven mineral baths and a fully landscaped spa with nine treatment rooms dotted with property. Instead of the formalities associated with traditional spas, the vibe is relaxed, and the spa menu is 100 percent California wu-wu with an Adatadog Tea Wrap, a full body mud mask containing papaya and sea salt, and a Good Hair CBD Facial, which uses the healing properties of CBD to pull out toxins, minimize inflammation, and brighten the complexion; sound baths with bells, bowls, and a grid of bowls that can resonate with sound frequencies; and planetary gongs and crystal Himalayan singing bowls and sage cleanses.

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